

The 4-L4 Forum

The Official Publication of
California Lions District 4-L4

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New Year Starts Positive

The New Year started with the District achieving its 11th straight month of a plus in membership, thanks to all club leaders that kept retention and recruitment high. Seven clubs have achieved a minimum of net 2 or more the first six months. Congratulations to the following clubs: Seal Beach-22, La Habra Host-7, Orange County Central-3, Diamond Bar Breakfast-2, Pomona Host-2, Stanton-2, and Walnut/Diamond Bar-2.

In the District's Plan of Action it was projected to be a +33 by December 31st; however we were short 20 because the projected new club did not come on line as planned. We have a Campus Club (Western University Health Sciences School of Optometry) coming on line this month and Westminster next month. We started progress in San Dimas with 12 paid members and 40 prospects and another 30 prospects for La Verne, the result of the Extension Workshop and canvassing.

The team of John & Wanda Barnett from England, Arkansas was awesome! We received plenty of tools for our tool box in which to help all of our clubs to grow or rebuild. During the Upland Host breakfast meeting we attended with the Trainers on Thursday morning January 21st, PCC Ed Bordenkircher said, "this was the best training he had in 40 years." Thank you PCC Ed for that glowing remark. I am still confident that the original goal of 130 members the District Governor Team projected will be met by June 30 with four new clubs at 25 each chartered and the continuous growth in our clubs. The Team is available for one-day or ½ day workshops to grow clubs. Contact me, 1st VDG Ken Sherwood or any member of the MERLO Team to schedule. One afternoon of canvassing will net at least five new members.

Ensenada Cruise

There are 46 people signed up for the 52nd visitation to Ensenada leaving Friday, March 4th and returning Monday March 7th – a fantastic 3-day Mexican Cruise. This is the longest standing International Visitation in Lions history. I can relate with experience that this is the most fun way to visit our Amigos in Ensenada, plus it's the safest way to travel. There is fine dining with fabulous food, someone to clean your room, amazing entertainment, and fun games. There is still room if anyone wishes to have a fun 3-day cruise. Just call Carol Linehan @ 714-846-2478 or 714-716-9380 cell now.

Student Speaker Time

During this third quarter all clubs need to have their Student Speaker Contest completed by February 22nd and Zone Level by March 14th. This should be one of the most controversial and interesting topics for our youngsters to speak on -

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"Enforcing our Borders – State vs. Federal Rights." I'll guarantee the students that participate will have you on the edge of your seats. Don't miss Take One – Club Level action. Then support your candidate at Take Two-Zone Level.

Shine a Light on the Environment

In a continued effort to provide more service to our communities, April is the month Lions Clubs International will shine a light on the environment. All Lions clubs around the world are invited to participate in this global effort by planning events and activities such as:

- organizing a community clean-up project
- working with a local forestry department to plant trees in your community
- educating your community about easy eco-friendly practices to adopt in daily life
- organizing a recycling project to collect old eyeglasses, batteries and small electronics

There are many more project ideas available, along with a planning guide and other information at ["Protecting Our Environment" Global Service Action Campaign](#)

District 4-L4 Got Talent!

Now is the time to start preparing your act for the District's Talent Show Friday night, May, 13, 2011, at the Doral Desert Princess Resort in Cathedral City. I'll bet there are more actors, actresses, comedians, musicians, and funny groups than there are in Hollywood. There will be many prizes and bragging rights to the winners who will be chosen by VIP judges and the audience.

In conclusion, Set Your Sights High

Community service, membership growth, leadership development, communication and organizational management are the five essential elements for the ongoing health of any Lions Club. Clubs that succeed in ALL FIVE critical areas are eligible for the Club Excellence Award. Do a Club Analysis and see if you are on track to earn this award. Every club should have one.

Once again, I want to thank all of you for your commitment and dedication to making your club and this District the best in Multiple District-4. I am extremely proud to be your Governor.

CONGRATULATIONS! THE FULLERTON HOST LIONS CLUB'S SPONSORED ENTRY CREATED BY ESTHER (HYO JIN) KIM HAS BEEN CHOSEN AS A MERIT AWARD WINNER IN THE 23RD ANNUAL LIONS INTERNATIONAL PEACE POSTER CONTEST, "VISION OF PEACE."

ABOUT 350,000 CHILDREN FROM 65 COUNTRIES PARTICIPATED IN THIS YEAR'S PEACE POSTER CONTEST. THE POSTERS WERE JUDGED AT CLUB, DISTRICT AND MULTIPLE DISTRICT LEVELS BEFORE REACHING THE INTERNATIONAL LEVEL, AT WHICH POINT THEY HAD BEEN NARROWED DOWN TO 120 POSTERS. BASED ON CREATIVITY, ORIGINALITY AND PORTRAYAL OF THE THEME, "VISION OF PEACE," MS. KIM'S POSTER WAS CHOSEN AS ONE OF 23 MERIT AWARD WINNERS. SHE WILL RECEIVE \$500 AND A CERTIFICATE OF MERIT.

THE GRAND PRIZE WINNER IS RAJ PHAIREMBAM, AN 11-YEAR-OLD BOY FROM INDIA. THE 23 MERIT AWARD WINNERS ARE FROM ARGENTINA, CANADA, CHINA, INDIA, INDONESIA, ITALY, KOREA, MALTA, MEXICO, NEPAL, NIGERIA, NEW ZEALAND, SPAIN, SRI LANKA, MULTIPLE DISTRICT 300 TAIWAN, THE UNITED STATES (CALIFORNIA, FLORIDA, HAWAII, MASSACHUSETTS AND VIRGINIA) AND URUGUAY.



1ST VICE DISTRICT GOVERNOR REPORT

KEN SHERWOOD

The enhancement of leadership and the recipe for extension were displayed during the week of January 16-22 when LCI New Club Development specialists PCC John Barnett and PDG Wanda Barnett came to District 4-L4 to present Certified Guiding Lion training and a phase one Extension workshop.

18 Lions covering all three regions, plus the governor team, availed themselves of CGL training on Tuesday, January 18th at the San Dimas public library. The three and a half hour class taught Lions how to organize a club and help the new Lions get up and running and sustain the new club for its first two years.



LCI NEW CLUB DEVELOPMENT CONSULTANT JOHN BARNETT GIVES INSTRUCTIONS BEFORE THE TEAMS HEAD OUT TO CANVAS SAN DIMAS AND LA VERNE TO FIND MEMBERS FOR TWO NEW EXTENSIONS. SITTING AT THE TABLE ARE POMONA HOST LION BARBARA SMITH, 1ST DISTRICT GOVERNOR KEN SHERWOOD, BARNETT'S WIFE WANDA, AND DISTRICT GOVERNOR NORM MACKENZIE. STANDING ARE POMONA HOST IMMEDIATE PAST PRESIDENT GIL SMITH, 2ND VICE DISTRICT GOVERNOR PJ SMITH AND MERLO MEMBERSHIP CHAIR KEN MYERS

The Guiding Lion certificates will be mailed from LCI. After serving as a Guiding Lion for the prescribed period, they receive a Guiding Lion lapel pin and join a very select group of Lion leaders throughout the world.

The Barnetts came to us from Arkansas but there was no significant language barrier. Their knowledge and humor kept all attendees interested and entertained.

On Wednesday the 19th, the Lions Barnett conducted the extension workshop for the same 21 Lions. Methods of canvassing, recruiting and registering charter members were absorbed and then used in some role playing to hone our skills.

After lunch, provided by First Lady in Waiting, Marilyn Sherwood, 11 of the attendees hit the sidewalks of San Dimas and began to build the new San Dimas Lions club. All of the canvassers had interesting stories to tell of instant success (the two brothers that own and operate a personal training facility)

and gentle turndowns. Many San Dimas business people were educated about Lions and some joined on the spot. Others gave it serious consideration but wanted to know more about us.

In three days of canvassing with five teams, eight new charter members were signed up and paid or asked to be invoiced. An additional 30 or more good prospects were given brochures and information and expressed an interest in attending an orientation/organization meeting on Tuesday, February 8th in San Dimas.

On Friday, the canvassing spread to La Verne where another twenty plus good prospect were interviewed and told about the information meeting for a La Verne Lions club on Monday, February 7th at University of LaVerne.



District Governor Norm MacKenzie, MERLO Membership Chair Ken Myers, Lion Pete Badame and Lion Lorna Badame check their routes before leaving to canvas more businesses in San Dimas and La Verne

Retention chairman Steve Christy and District Sight and Hearing Foundation President, Joan Parks are pairing teams of recruiters to canvass for the needed new members to bring Westminster Community Lions club it's Charter. Lions Steve and Joan were students at both sessions of the Extension workshop and are putting the knowledge into practice.

WE ARE GROWING

The Western University of Health Sciences School of Optometry campus Lions club, with the guidance of Certified Guiding Lions Gil and Barbara Smith of Pomona Host Lions, have elected officers and are holding meetings and recruiting more members on campus. Club President Jen Buell is looking forward to a Charter Night in the near future.

For the MERLO team, the only negative has been the refusal of the Cal. State Fullerton School of Optometry administration to allow a Lions club on campus. We'll try again.

Come to the first meetings of the San Dimas and La Verne Lions clubs and see how stars are born.

DON'T REFUSE



2ND VICE DISTRICT GOVERNOR REPORT

P.J. SMITH

Greeting Fellow Lions - As I write, January is slowly fading into the history. The New Year and months ahead are looking very busy. We as Lions are like the energizer bunny, we just keep going, going, and going. As a recap for the end of December, Governor Norm and I got rained out and did not get to play golf with our International President. We attended the gala reception and breakfast put on by Pasadena Host Lions prior to the Rose Parade for IP Sid Scruggs and First Lady Judy. District 4-L4 was well represented and a good time was had by all.

January 8th found us honoring many Lions and citizens at the Melvin Jones awards. Guest speaker PIP Kay Fukushima presented the awards and as always is an inspiring Lion. Congratulations to everyone receiving there Melvin Jones or Progressive awards. Thank you PDG Judy Schnitzer for putting on a spectacular evening.

For those lions that had the opportunity to attend the Certifying Guiding Lions class and following workshops, what an experience. The workshop was four days of intense training and field work. The great team of Lions Wanda and John Barnett from England, Arkansas were the best. They talk a little strange, kind of like governor Norm with his accent from Quincy, Mass. With the training and hands on experience we went into the community of San Dimas to recruit new members for our great organization. We are very close to charting a new Lions club in San Dimas. This was made possible through the dedicated Lions that participated in the four day workshop. I'm still getting feedback from attendees regarding their exciting experience and how energized they are about going back to their clubs and starting a membership drive. I thank all the Lions that attended and received their Guiding Lions Certificate.

Our January District Networking Meeting honoring our PDGs was exciting and many were in attendance. Thank you to all PDG'S for your leadership and continuous support for our great district. Saddleback Region hosted the networking meeting. The venue and lunch was outstanding. Thank you to Region Chair Jeff Carroll and all Lions that made this a great success and can you believe we finished early.

The student speaker contests will be here shortly and I personally am excited. What an interesting subject matter, "ENFORCING OUR BORDERS: STATE VERSUS FEDERAL RIGHTS". WOW!! This should prove to be very stimulating and thought provoking. Good luck to all the participants.

Fullerton Host Lions Peace Poster winner, Esther (Hyo Jin) Kim won at the local level. At the 23rd Annual Lions International Peace Contest, she won a Merit Award and \$ 500.00. Congratulations to Esther (Hyo Jin) Kim and Fullerton Host Lions.

Many things are happening in our district this month and in the future, check the Forum events calendar to see what's going on.



Chaplain's Corner

PDG Chuck Overbey

I am delighted to report that I know of no Lion Deaths in January. Therefore, I get to give you a story.

DANCING WITH GOD

When I meditated on the word Guidance, I kept seeing "dance" at the end of the word.

I remember reading that doing God's will is a lot like dancing. When two people try to lead, nothing feels right. The movement doesn't flow with the music, and everything is quite uncomfortable and jerky.

When one person realizes that, and lets the other lead, both bodies begin to flow with the music. One gives gentle cues, perhaps with a nudge to the back, or by pressing lightly in one direction or another.

It's as if two become one body, moving beautifully. The dance takes surrender, willingness, and attentiveness from one person and gentle guidance and skill from the other. My eyes drew back to the word Guidance. When I saw the letter G, I thought of God, followed by the letters "u" and "i". "God, "u" and "i" dance." God, you, and I dance.

As I lowered my head, I thought of my willingness to trust that I would receive his guidance about my life. Once again, I pledge to let God lead.

My prayer for you today is that God's blessings and mercies be upon you on this day and everyday. May you abide in God as God abides in you. Dance with God, trusting Him to lead and to guide you through each season of your life.

When Love Fades...



Last night I was sitting on the sofa watching TV when I heard my wife's voice from the kitchen.

"What would you like for dinner, my love? Chicken, Beef or Lamb?"

I said, "Thank you, I'll have chicken."

She replied "You're having soup. I was talking to the cat."

2011 Melvin Jones Tribute Dinner

by LCIF Chairman IPDG Judy Schnitzer

On January 8th, I had the honor of Chairing our Melvin Jones Dinner. We had 134 in attendance and awarded 27 Fellowships. Awesome! The evening was even more special as our Guest Speaker for the evening was Past International President, Kay K. Fukushima who congratulated 4-L4 for being the top Sub-District in MD-4!



DISTRICT LCIF CHAIRMAN IPDG JUDY SCHNITZER AND
PAST INTERNATIONAL PRESIDENT KAY FUKUSHIMA

I want to thank each and every one of you who took the time to attend and a very SPECIAL THANK YOU to my committee, Martha Hebert, Foothill Region, Vanna Sharp, Orange Region and Carol Van Holt, Saddleback Region. I could not have done this without your help.

Thank you also to Tustin Host Lion Walter Sullens for providing the Preprogram Music, to First Vice District Governor Ken Sherwood for the printing of the programs, and to Past District Governor Mike Scheafer and Lion Sandi for helping Lion George and myself host Past International President Kay and Denise Fukushima.

It truly was a wonderful event and I congratulate all the recipients and all of District 4-L4 Melvin Jones Fellows.



DISTRICT GOVERNOR NORM MACKENSIE & FIRST LADY JO
WITH PIP KAY AND DENISE FUKUSHIMA

CONGRATULATIONS TO THIS YEAR'S DISTRICT 4-L4 MELVIN JONES FELLOWSHIP RECIPIENTS

BILL MCCLERAN, BREA LIONS CLUB
CATHY WATERS, HARBOR MESA LIONS CLUB
SCOTT QUINLAN, HUNTINGTON BEACH HOST LIONS CLUB
KEN TANAKA, HUNTINGTON BEACH HOST LIONS CLUB
TOM FORD, LA HABRA HOST LIONS CLUB
JOHN CREED, LA HABRA HOST LIONS CLUB
VANNA SHARP, LA HABRA HOST LIONS CLUB
LIZ STEVES, LA HABRA HOST LIONS CLUB
KAREN KAPLOWITZ (NON-LION) LA HABRA HOST
KEVIN KAPLOWITZ (NON-LION) LA HABRA HOST
MARCIA HALEY, SEAL BEACH LIONS CLUB
JULIET WALTERS, SEAL BEACH LIONS CLUB
BARBARA DOTSON, STANTON LIONS CLUB
ALEXANDER ETHANS, STANTON LIONS CLUB
JOE McDONALD, TUSTIN HOST LIONS CLUB
SHEILA CASTEEL, UPLAND HOST LIONS CLUB
SANG HAN, UPLAND HOST LIONS CLUB

2ND PROGRESSIVE MELVIN JONES FELLOW:

JOHN HASTINGS, LA HABRA HOST LIONS CLUB
DANNY HANSON, LA HABRA HOST LIONS CLUB
GARY DENNI, SEAL BEACH LIONS CLUB
JACQUI HOWES, SEAL BEACH LIONS CLUB

3RD PROGRESSIVE MELVIN JONES FELLOW:

ALAN CHAVEZ, SEAL BEACH LIONS CLUB
MIKE HALEY, SEAL BEACH LIONS CLUB
DINO SYRENGELAS, SEAL BEACH LIONS CLUB

6TH PROGRESSIVE MELVIN JONES FELLOW
BILL WEAVER, BUENA PARK NOON LIONS CLUB

13TH PROGRESSIVE MELVIN JONES FELLOW
SCOTT NEWTON, SEAL BEACH LIONS CLUB

COME SAIL AWAY FOR AN ENSENADA VISITATION ABOARD THE



CARNIVAL PARADISE

FRIDAY, MARCH 4 TO
MONDAY, MARCH 7, 2010

CRUISE COSTS

All of the original 20"+ Cabins have been reserved.
Payment must be paid in full when new reservations are made.



ALSO INCLUDED IS ALL OF THE FUN AND
CAMARADERIE OF LIONS THAT YOU CAN IMAGINE!

FOR RESERVATIONS & MORE INFORMATION CONTACT
Lion Carol Linehan 714-846-2478 or cell 714-716-9380
email: CAROL_LINEHAN@YAHOO.COM

Vamos a Ensenada!

GETTING NEW MEMBERS IS NOT THE ANSWER!

Now that I have your attention....

Getting new members is a great start and certainly essential to the growth of a Club. But from there, the challenge is RETENTION.

The Seal Beach Lions Club has never had a problem attracting new Lions. The Club is very active in community events so their exposure is prominent. It's human nature to want to jump on the bandwagon. Keeping those members is another story.

How often has your club worked hard to bring in those 2 or 3 new members just to see them leave within a year? How about those veteran Lions that seem to disappear after years of service? The Seal Beach Lions have come to recognize that retention is just as important as recruitment.

Retention starts right from the signing of the application for membership. The sponsoring Lion has done his/her part. It becomes the Club's job to welcome and involve each new Cub.

I'm a technology junkie but I often think that it is part of the problem. Too often we rely on emails to communicate. We print out sign-up sheets and think that passing them around at a meeting will engage members to participate. How often have you ignored that email or passed that sign-up sheet to the next table without your name being on it? If you want results, why not try a one-on-one conversation? Remember that thing called a telephone?

The Seal Beach Lions are on a mission. The goal set at the beginning of the year by Membership Chairman Scott Newton was 20 new members. Surpassing this goal, we already have 33 enthusiastic new Cubs on board making the Seal Beach Lions Club the 4th largest Lions Club in California! With this, Lion Scott and President Allyn Mattox recognized that the Club has the responsibility of getting these new Lions involved.

The following is a letter sent by Lion Scott recounting a recent Orientation Meeting held for new members. While information on Lions was given, emphasis was put on giving these new Cubs ownership in the Club. The results were amazing.

If you would like to hear more feel free to contact Lion Scott at 562-537-3955 or email scottnewton2@hotmail.com.

"GIVE WINGS TO THE CHILD AND LET HIM FLY"

- Give a call to a member that has been missing from meetings
- Personally ask a member to help you on a project
- Send a birthday card
- Sit with someone new at a meeting

PDG Ellen Liebherr
Forum Editor and Seal Beach Lion

Letter to Governor Norm sent from Seal Beach Lions Club Membership Chairman Scott Newton

"I want to share with you another Membership Success Story.

Last evening we held a **'New Member Orientation' for 19 of our new members and 6 prospective members.** Six guiding Lions acted as facilitators. It was by far the largest orientation held by our club in over 25 years.

Pizza, Beer, Wine, Soft Drinks, Salad and Dessert was served to all who attended. President Allyn served up the homemade pizza. I was the main presenter with support from Lions Allyn, Ray, Mike H, Grant and Marcia.

The orientation started with the PowerPoint presentation created by PDG Dan Mayer. Thank you Lion Danny! Following this, I made a presentation that covered everything about the Seal Beach Lions Club. It was fun, informative and interactive.

The most exciting part of the evening was when we led a discussion on how members personally can make a difference and **challenged the new Lions to create some new Service projects led by new Lions.** They were challenged to come up with Signature projects for the Seal Beach Lions Club class of 2010-2011. An amazing brainstorming session led the group to select three projects that will be developed and brought to our Board for approval.

The first is an **Eisenhower Park Beautification Project.** Lions will refurbish all of the park benches in the East Park, West Park and around the entrance to the pier. Twelve of the new Lions signed up for this project that will be led by new Leo's Mark Kavanaugh and Camille Romano. They plan to create a project plan, get permission from the city, and present the project to our Board in February so that they can complete the project in time for the 10K Run on April 2nd.

The second project has already been dubbed **Lions Roar for Autism.** New Lions Teri, Katherine and Meagan took the challenge we gave them earlier and gave us a detailed account of their project idea. The project will take place in April (Autism Awareness Month) at Marina Park and will have an educational component for parents, a learning component for autistic children, and a FUN component for all. The event will include a BBQ lunch cooked by new Lions. Eighteen new Lions signed up to work this event including some 'prospective members'. They too will present this to the board on Wednesday.

The third project is a **Wine Tasting Event showcasing Young Artists Works.** This project is still in the exploratory stage and will be headed up by new Lions Bill and Kara.

Besides the three projects, we have two of our new Lions who want to head up new committees for our club. Lion Laura wants to lead an Environmental Services committee and Lion Richard would like to start an International Relations committee. And finally, new Lion Les will use his influence to secure a reservation at the Weapons Station Beach for a Lions Beach Party in August. Literally every new Lion there signed up for at least one project or committee.

As you already know, President Allyn challenged us to grow our membership and as of now our membership is at 133 and we are still growing. Once the growth began we realized that the only way to ensure good retention is to convert them from being Lions members to Lions by getting them involved. Knowing that we are somewhat 'project light' in the Spring, President Allyn asked if we could find new projects for our new Lions and you can see the results above.

This was a hugely successful and beneficial event for both our new Lions and our club. We also got commitments from some of the guests to join our club at the next meeting."

Lions Teen Recognition Program



Please join the Lions of District 4-L4 in honoring students who actively encourage their peers to say "NO" to drugs, alcohol, and tobacco...

Come to the Lions Teen Recognition Program
Dinner & Awards Presentation - \$20.00 per person

Date: Saturday, February 19, 2011
Time: 6:30 p.m.
Place: Holiday Inn Diamond Bar
21725 Gateway Center Drive
Diamond Bar, CA 91765
(909) 860-5440

Call Lion Wanda Tanaka for reservations at:
(909) 861-0142



Lions Teen Recognition Program



November 16, 2010

Dear Lions,

Please support our Teen Recognition Program.

It is that time of the year when your Lions District looks to the **Lions Clubs of District 4-L4 and individual Lions** to support a fantastic program to reinforce the positive leadership in our youth today. The Lions Teen Recognition Program provides an opportunity to recognize, with cash awards, students who actively promote a drug, alcohol and tobacco free lifestyle to their peers.

Here is how your club can help: A donation of \$200 provides cash awards and certificates for selected students as well as two complimentary tickets for each sponsoring Lions Club. Please respond by January 15, 2010, to: Lions Teen Recognition Program, 23805 Country View Drive, Diamond Bar, CA 91765. If you have questions, you may call me at: (909) 861-0142.

How are students selected? Applications are sent to your local schools and youth organizations. Students are selected by your Teen Recognition Program Committee based on their leadership in promoting a substance-free lifestyle. An application is attached for your Lions Club to make copies and personally distribute to schools or students that you would like to sponsor.

Where and when will this event take place? Mark your calendars for Saturday, February 19, 2011, at 6:30 p.m., at The Holiday Inn Diamond Bar, 21725 Gateway Center Drive, Diamond Bar, CA 91765.

We will be featuring an excellent guest speaker, dinner and awards.

This program is sponsored solely by the Lions of District 4-L4. Please support this program by sending in your donation and encouraging your members to attend this terrific event and help recognize those very special teens who are helping other teens understand the dangers of drug, alcohol and tobacco use! Your Teen Recognition Committee looks forward to 100% participation by the Lions Clubs.

Thank you!

Wanda Tanaka

Lion Wanda Tanaka
Teen Recognition Chairperson
District 4-L4



Garden Grove Lions Club Annual Golf Tournament

Friday, February 25, 2011

Willowick Golf Course

3017 W. 5th Street, Santa Ana, CA 92703 • (714) 554-4408

Supporting

Lions Eyeglass Program
Seeing Eye Dogs
H.O.P.E.
Acacia Adult Day Care
Boys & Girls Clubs
of Garden Grove

Schedule of Events

Friday, February 25, 2011

9:00 a.m.
Check In
Tee Gifts - Driving Range Balls
10:30 a.m.
Tournament Begins
Shotgun Start

4:00 p.m.

at the Garden Grove Lions Club House

Awards Dinner & Program
Awards Presentation
Raffle Prizes Awarded
Auction



\$100 Tournament Fee Includes

Green Fee & Cart
Driving Range
Dinner & Awards Program
Auction
Tee Gifts

Contests Include

Team Award
Closest to the Pin
Longest Drive (Men's and Women's)

Other Activities

Auction
Raffle
No Host Cocktails

Sponsorship Opportunities

Tee Signs \$50

HABRA BLVD.

3017 W. 5th Street
Santa Ana, CA 92703
Call Phone
(714) 554-4408

FAIRVIEW ST.

5th Street

1st Street

Make Checks Payable To:

GARDEN GROVE LIONS CLUB

P.O. Box 351 • Garden Grove, CA 92642

For further information, please call:

Golf Chair - Ray Menard 714/757-5400

Co-Chair - Ric Lerma 714/784-0733

Please Bill Me: ☐ MasterCard ☐ Visa

Card #:

Exp. Date: Billing Zip Code:

Signature:

Additional Players:

Phone #:

Mail-In Registration or Register by Fax (714) 530-6386

Name:

Company:

Address:

City: State: Zip:

Daytime Phone #:

Fax #:

E-Mail:

Single Player.....\$100.....\$

Foursome.....\$400.....\$

Dinner & Auction (no golf).....\$35.....\$

Tee Sign.....\$50.....\$

Cannot attend, donation enclosed for.....\$

Total Amount.....\$



La Habra Host Lions Club



Presents

Pasta Fest

PROCEEDS TO BENEFIT THE LA HABRA SENIOR SERVICES

When: Saturday, February 12, 2011

Where: La Habra Community Center

101 W. La Habra Blvd. La Habra, CA

No Host Bar 5:30 p.m.

Dinner @ 6 p.m.

\$15 per person

over 65 -\$8

Includes - Pasta, Sauce, meatballs, bread, salad,
dessert, coffee

Enjoy: Dinner, raffle, auction items, music & dancing

For reservation contact : Larry Milano @ 714-525-2002

Please make checks payable to La Habra Host Lions Club

Mail checks to La Habra Host Lions attention -Pasta fest

P.O Box 248, La Habra, CA 90633-0248



Fantastic Foothill

Region Chairman Jack Tanaka

The third District Networking Cabinet meeting hosted by the Saddleback Region was held on January 22, 2011 at the Costa Mesa Country Club. The Past District Governors were escorted in the meeting by various Cabinet members. The PDG's were honored by Governor Norm and the Lions of District 4-L4. There were 37 Lions from the Foothill Region in attendance.

PDG Elizabeth Warren reported that at this year's Lions Clubs International Foundation Dinner, 27 new and progressive Melvin Jones Fellowships were presented. Congratulations to all of the recipients.

Clubs should all be in the middle of the Student Speaker Contests which need to be completed by February 22nd. This year's topic, "Enforcing Our Borders: State vs. Federal Rights," is an interesting subject.

The Clubs in the Foothill Region are busy with their activities and service projects for the second half of the year. The **Cucamonga District Host Lions** have been busy with blood donations, used eyeglass collecting, sorting and packaging. They are working with the Boy Scouts, church and helped decorate the Lions Clubs International Rose Parade Float in Pasadena.

The **Upland Host Lions** donated toys to Channel 7 "Spark of Love" toy drive and donated funds and member support to the city of Upland's Christmas Parade. They prepared and delivered Christmas Dinner Baskets to 30 families and provided eye exams and glasses for three Upland school children.

The **Rancho Cucamonga Community Lions** volunteered at San Antonio Hospital and for Santa Claus, Inc. They made Quilts of Valor and participated in the Timberline Christmas Breakfast. They also made a visitation to the Ontario Host Lions Club.

The **Pomona Host Lions** made disaster preparedness planning presentations and held a Lions Club Extension meeting with Western University. They participated in the Sight for Success Eyeglasses Project, Lions Float, Inc.'s reception for the International President Sid Scruggs and the Rose Parade Breakfast and Float Tour with the International President. They collected pajamas for the District's Pajama Party, recycled eyeglasses and participated in the Santa Cop Toy Collection. They made a donation of \$92.23 to the City of Hope and \$350 to the Braille Institute.

The **Brea Lions** members rang the bell for the Salvation Army, donated platelets at the City of Hope and donated Christmas presents for youth for Operation Santa. Several members participated in the Rent-a-Santa project and fundraiser. The net profits raised were \$1,695.00 for the Brea Lions charity account. The Brea Lions hosted a pancake breakfast to benefit the Brea Olinda High School Wrestling team and donated food for the needy and the Brea Community Emergency Council (BCEC) as part of their annual

Celebrate with Us!!! *Oldest Club in the District!!*

Pomona Host Lions
90th Anniversary Celebration

You are invited to celebrate with the
Pomona Host Lions Club
as it commemorates 90 years of continuous service.

Guest Speaker
International Director
Bob Smith

March 18, 2011

6:30 p.m. social, 7:30 p.m. dinner
Pomona Valley Mining Co., located at 1777 Gillette Rd,
Pomona, CA (at the top of the hill)

Cost - \$50, which includes dinner, a limited edition of the
Pomona Host Lions Club 90th Anniversary Pin and
participation in the door prize drawing.

Please send your check for \$50 to the Pomona Host Lions
at P.O. Box 3085, Pomona, CA 91769. The reservation
deadline is March 9, 2011. For further information, call Gil
Smith at 909-860-6477 or 909-802-9915.

Christmas food drive. They also invested time picking up and collecting some of the donations from around the city of Brea.

The **Chino Valley Lions** during the month of December worked 400 hours at their Christmas Tree Lot and raised \$18,000.00. They participated in the Rose Parade Float decorating, Student Speaker Program, Teen Recognition Program and sponsor the Chino Valley Leo Club.

The **Diamond Bar Breakfast Lions** participated in the Candy Cane Craft Fair. The proceeds of \$300.00 benefitted 10 needy families in Diamond Bar with food baskets. The Lions along with the DBHS Leos collected toys for the "Spark of Love" toy drive for the Los Angeles County Firefighters. They recycled used eyeglasses and help decorate the Lions Clubs International Rose Parade Float in Pasadena. They attended the reception for the International President Sid Scruggs hosted by the Lions Float, Inc. At the reception, President Scruggs presented your Region Chair with an International President's Letter of Commendation for his work in coordinating the Leos in the District to decorate the Lions Float for many years. They participated in the Student Speaker Program, Teen Recognition Program and sponsor two Leo Clubs, one at Diamond Bar High School and the other at Chaparral Middle School.

The **Walnut-Diamond Bar Lions** are participating in the Student Speaker and Teen Recognition Programs. They donated \$100.00 to the Lions Camp at Teresita Pines.

Remember that the next Foothill Region Meeting will be on Wednesday, March 30, 2011. The program will be the Foothill Region Student Speaker Contest. It will be held at the Holiday Inn in Diamond Bar and will begin at 6:30 p.m. Let us continue to be the "Beacon of Hope" in our communities!



SUPER SADDLEBACK

**REGION CHAIRMAN
JEFF CARROLL**

The year is off and running and January saw the District Networking Meeting hosted by none other than . . . Saddleback Region! It was a wonderful opportunity to honor our PDGs and the day went off without a hitch. We even ended on time! I would like to thank everyone who attended to make it a special day and a special thanks to those who put in their hard work and time to get everything ready.

The Lion's year is more than half way over and Convention will be here before we know it. Let's all keep pushing towards making the Governor's goals – and by extension, our goals – a reality by June.

To kick off the year, about a dozen Huntington Beach Host Lions did not party hearty on New Year's Eve nor watch the Rose Parade in their pjs, but set their DVRs and Tivos to record as they were up bright and early and at the annual Huntington Beach Surf City Splash. For the fourth year in a row, the Lions served an all you can eat pancake breakfast to those enjoying the beautiful day at the beach and to those brave enough to run into the ocean. Most of the Lions were awarded a "Certificate of Sanity" as they decided NOT to brave the water. After the splash, they all returned home to watch the parade and be awed by our beautiful float.



**HUNTINGTON BEACH
LION AND SURF CITY
SPLASH CHAIRMAN
LEE LOVE IS
INTERVIEWED BY THE
LOCAL NEWS**



**LIONS GERRIE
FILAKOUSKY AND
KEITH CAMPBELL
COOK FOR THE
MASSES ON NEW
YEARS DAY**

We are about to enter a very busy time of year in our Lion's lives so let's perform lots of service, raise lots of money, and have tons of fun!

2010 STUDENT SPEAKERS CONTEST TOPIC:

**"Enforcing our Borders:
State versus Federal Rights"**

Hello, everyone. For the past several years, members of the ToastMasters Founders District Judges Bureau have served as judges for a few of the local Lions Clubs' student speech contests. I wanted to make sure that the clubs in Orange County are aware of our existence, and how we can serve your clubs. I've taken the liberty of attaching information about the Judges Bureau and a Judges Request Form for when your contests do need judges. If you have any questions/comments, please let me know. The TI Judges Bureau is here to help you make your student speech contests successful. Please feel free to forward this information to anyone within Lion who you think might be interested. I will be trying to contact the clubs for which I could not obtain an email address.

Avis French

Chair, TI Founders District Judges Bureau

949-830-1167

eeavisf@sbcglobal.net

Pomona Host Lions Club



**BOWLING
FOR YOUTH
SATURDAY
MARCH 12, 2011
6:00 PM**

Oak Tree Lanes

990 N. Diamond Bar Blvd.

Diamond Bar (909) 860-3558



All collected money goes to support Lions Club charities, such as:

- Glasses for needy Pomona school children
- Eye Exams for Pomona school children
- Weekly bus trips to the Los Angeles Braille Institute to serve the blind.
- 100% goes to charity with no administrative costs.

HERE'S HOW YOU CAN HELP

1. Sign up to bowl and get sponsors. Example: 10 sponsors @ \$10 each = \$100. A team of five bowlers can potentially raise \$100 each = \$500!
2. Get sponsors, even if you don't bowl.
3. Please collect all sponsor donations in advance and turn in at the Bowl-a-thon.

To sign up, please contact Co-Chairs Frank Alvarez (909) 985-5274 or George Kopiloff (909) 225-4000.

ORANGE COUNTY CENTRAL LIONS SERVES UP BREAKFAST AT RONALD McDONALD HOUSE

The OCC Lions were busy cooking on Saturday January 15th making a big breakfast for those staying at Ronald McDonald House. A great menu of sausage, bacon, pancakes, scrambled eggs and apple stuffed croissants was served.



While making this breakfast many parents came down due to the smell of bacon and enjoyed having a big breakfast. One woman (Pictured with Lion Ron Finseth below) was very happy to have her child feeling better and thanked us for the wonderful meal.



A couple served by the OCC Lions said that if was not for the kindness of groups like Lions making meals, they may not take the time to eat.

A young lady staying at the house while undergoing chemo enjoyed the crescents stuffed with apples and said it was like a little apple pie for breakfast. A tired parent who had been up all night was grateful for a cup of coffee and a breakfast that would keep him going until dinner as he did not think he would be able to eat lunch while at the hospital with his child.



All the Lions agreed that this is a very rewarding thing to do. You don't realize until a parent thanks you for making something their child will eat or thanks you for such a small thing as preparing a meal, that this simple act means the world to them.

The Orange County Central Lions will be serving up a meal monthly as all the members agreed this was something the club wants to continue doing for a long time to come.



ORANGE COUNTY CENTRAL LIONS CLUB 26TH ANNUAL CHARITY * GOLF TOURNAMENT

Western Hills Golf & Country Club
1800 Carbon Canyon Road
Chino Hills, CA 91709



MONDAY, MAY 2, 2011 – 11 A.M. CHECK IN – 12:30 P.M. TEE TIME

Your registration includes golf & cart, barbecue lunch, fee range balls, goodie bag, free beverages on the course, \$5,000 hole-in-one contest, dinner, awards, raffle prizes, and a silent auction. Tournament format: shot gun start, 4 person scramble.

REGISTRATION FORM

Single or Team Contact: _____ first name _____ last name _____

Address: _____ street _____ city _____ zip code _____

Phone: _____ e-mail _____

I would like to support the Orange County Central Lions Club Charity Golf Tournament at the following level:

- ☐ \$900 Corporate sponsor (includes golf & dinner for 4, banner, and tee sign)
☐ \$150 hole-in-one sponsor ☐ \$75 tee sign sponsor ☐ I will donate a raffle prize

To enter your team, please complete below:

player #1 _____ player #2 _____
player #3 _____ player #4 _____

Individual Gopher Fee: \$125 – Dinner Only: \$40
EARLY BIRD ENTRIES RECEIVED BY MARCH 25TH \$110

Corporate Sponsor	\$ _____
Hole-in-one Sponsor	\$ _____
Tee Sponsor	\$ _____
Individual Gopher (s)	\$ _____
Dinner only	\$ _____
Total amount enclosed	\$ _____

Select Method of Payment:



☐ Check, made payable to the Orange County Central Lions Club

☐ Credit Card _____ name on card _____ credit card account number _____ expiration date _____ security code _____

Mail completed registration form to: OCC Lions Club, P.O. Box 6592, Orange CA 92613-6592

for additional information contact: Ron Finseth @ (714) 854-1754 or Larry Young @ (562) 698-5022

*100% of all net proceeds of the tournament benefit our Lions Club Charities

District 4-L4 Disaster Preparedness & Relief

Now Scheduling Additional

Earthquake Preparedness Presentations

for January, February and March 2011

If you have not yet scheduled this important presentation for your club, please contact us.

Chairs Gil and Barbara Smith
H – 909-860-6477
C – 909-802-9915



OUTSTANDING ORANGE REGION CHAIRMAN MARC POLI



Hearing & Speech Action News

First item to be discussed, again, is the Peace Poster. The district entry by Esther (Hyo Jin) Kim has been chosen as a merit award winner. Her art was one of twenty-three merit award winners out of 120 finalists submitted to International. Esther is a student at Parks Jr. High. in Fullerton, which may very well be the only school with repeat award winners (2 in 6 years). This is because Dave Crawford was such as proponent of the Peace Poster contest that it inspired the kids to produce quality items. This one was won for Dave!

Second item is the student speakers contest. February is the month when the club level contest is to be held. Make sure your winners are informed of the zone and region level venues and dates. I have witnessed many zone or region contests during which we were waiting for a contestant who never showed up. They had been given wrong information.

LaHabra will hold their contest on 02/01, OC Korean on 02/08, and Fullerton on 02/17.

A little hoorah for Fullerton is the fact that both peace poster and student speaker winning contestants were sponsored by a Fullerton club!

Past events in January: Melvin Jones (It was a duel between Seal Beach and La Habra again as to who would give the most awards), Networking meeting in Costa Mesa. Most clubs were slow in December and January. Of note was Lorna Badame's record of 290 blood platelet donations, congratulations for your donations, it means more than money. Seal Beach hosted a Ronald McDonald's dinner.

Upcoming events in our region: La Habra will have their Pasta Fest on 02/12, and host a Ronald McDonald House dinner, Garden Grove will have their Golf Tournament on 02/25, and both Seal Beach and Fullerton will be handing out flags for President's day (02/18 to 02/21).



PAJAMAS STILL BEING COLLECTED

**BRING THEM TO YOUR REGION
MEETING . THEY WILL BE DELIVERED
TO PDG ELIZABETH.**

Little Known Fact Smoking is bad for your hearing!

And a new study published in the journal Tobacco Control reports that inhaling second-hand smoke is also bad for your hearing. Statistics collected from 1999 to 2004 identified 3307 self-identified non-smokers aged 20 to 69 whose blood levels of cotinine showed that they were exposed to second-hand smoke. Of those who formerly smoked, 60% had hearing loss, while of those who had never smoked, 35% had hearing loss. Overall the non-smokers with high cotinine levels were about a third more likely to have hearing loss than those whose levels showed they were not exposed to others' smoking.

The hearing loss related to smoking or exposure to smoking differs from age or noise induced hearing loss. It is less dominated by high-frequency loss, which makes it more similar to the loss in people with diabetes or cardiovascular disease. Says David Fabry, PhD, lead author of this study, "We don't know exactly what amount of exposure is too much but the threshold for damage is very low. No exposure is the only safe level".

The Better Hearing Institute has launched a free online discussion forum designed to help people with hearing loss and their families cope with this disability. You can access this new resource by going to www.betterhearing.org, Click on Discussion Forum and go to Welcome! to register.

Keith Campbell, Chairman
4-L4 Hearing & Speech Action
kcampbell5@socal.rr.com



**Dedicated to Bringing
Basic Eye Care & Eyeglasses
To a World of People in Need**

WONDERING WHAT TO DO WITH THOSE BOXES OF USED EYEGASSES COLLECTED?

No Problem. Just bring tem to the next Network Meeting. District 4-L4 Lions In Sight Chairman Diane Martin will take them off your hands and make sure they are transferred to the Lions in Sight Warehouse. For more information: (949) 770-2290

REGISTER NOW! District 4-L4 Convention May 12 - 15, 2011



District 4-L4 2011 Convention
Doral Desert Princess Resort Palm Springs
May 12 - 15, 2011



THE HIGHLAND GAMES

Registration Form

Name:	E-mail:
Address:	Telephone:
City:	Fax:
Zip Code:	Club Name:

CLANSMAN and TRAVELLER COSTS

	Thursday Early Bird Dinner	\$38.00
Clan "A"	Friday Dinner, Saturday Lunch and Dinner, Sunday Breakfast	\$190.00
Clan "B"	Saturday Lunch and Dinner, Sunday Breakfast	\$130.00
Traveller	Individual Meals & Entertainment:	
	Friday Dinner	\$55.00
Traveller	Saturday Lunch	\$35.00
Traveller	Saturday Dinner	\$70.00
Traveller	Sunday Breakfast	\$40.00

NAME (one name per line, please)	First Convention	Clan "A" or "B" Traveller	Clan or Traveller Cost	Registration \$20.00 per person	Additional \$20.00 late fee after 4/X	TOTAL COST

Make Checks Payable to: District 4-L4 Convention
Mail to: Joanne Waltman, P.O. Box 575, Rancho Cucamonga, CA 91729-0575

DEADLINE FOR REGISTRATION: APRIL 1, 2011

Hotel Reservations Doral Desert Princess Resort Palm Springs
Rooms \$129 67967 Vista Chino Road, Cathedral City, CA 92234
Reserve rooms by APRIL 1, 2011 1-760-322-7000

FOR SPECIAL DIETARY NEEDS CONTACT CONVENTION CHAIRS, JON OR SHEILA CASTEEL

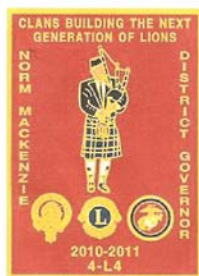
PDG Jon & Sheila Casteel, Chairman 909-483-3532
Joanne & Frank Waltman, Treasurer 909-946-3557
Pete & Lorna Badame, Hotel Reservations 562-697-4343
Hank & Susan Lopez, Golf 714-751-6213
Ken & Denise Myers, Hospitality 909-608-1938

2011 District 4-L4 Convention CABINET APPRECIATION & EARLY BIRD THURSDAY NIGHT BUFFET DINNER

~ Featuring ~

CABINET RECOGNITION AND GOOD FOOD

Three types of salad, Greek gyros, chicken-fried steak, potatoes, vegetables, corn bread, peach cobbler, ice cream and beverage.



DORAL PRINCESS RESORT HOTEL
THURSDAY, MAY 12 @ 6:00 PM
\$38.00 per person

RSVP to PDG Jon Casteel by May 5, 2010 - checks payable to District 4-L4

District 4-L4 2011 Convention ~ Golf Tournament

Desert Princess Country Club

28555 Landau Blvd, Cathedral City (adjacent to Doral Resort)

760-322-2280

Thursday May 12, 2011

Check-in and Hamburger or Hot Dog 11:00 AM

Tee Time 12:10 PM



Fee: \$55 includes golf, cart, lunch, range balls and prizes

Hank Lopez, Convention Golf Chairman

491 Sturgeon Drive, Costa Mesa, CA 92626

714-751-6213

Send this portion by May 5th and your check payable to District 4-L4

To: Hank Lopez, 491 Sturgeon Drive, Costa Mesa, CA 92626

NAME	CLUB

CUCAMONGA DISTRICT HOST LIONS CLUB'S EYEGLASS COLLECTIONS HIT NEW MILESTONE



Cucamonga District Host Lions have already collected and shipped off over 4,000 pairs of prescription eyeglasses to be sorted, catalogued and redistributed by the Lions facility in Vacaville, CA.

Scotty and Barbara Barclay hosted a wonderful breakfast and "packing party" at their home on January 25, 2011. Lions in attendance were the Barclay's, their son Alex, Larry Williams, Tony High and Dave Geyer. After 4 hours of unpacking, sorting and repackaging the eyeglasses, this event yielded over 3,200 donated glasses. Along with the October packing party also hosted by the Barclay's, which yielded over 950 pairs of eyeglasses, the 2010-11 Cucamonga District Host Lions can proudly say "WE SERVE". Special thanks to Lion Larry for his tireless and routine collection efforts.



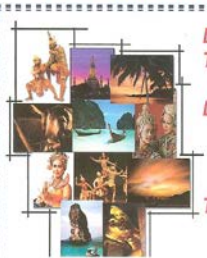
Annual Leo District 4-L4

Orphanages of Thailand Restaurant Fundraiser

Join us for a social gathering to interact with Leos and Lions throughout the District! There will be outstanding Thai food and entertainment available for your enjoyment.

Encourage your friends and family members to join as well!

Proceeds from this event will benefit the Orphanages of Thailand!



Date: Saturday, April 2, 2011

Time: 12 pm to 3 pm (Lunch served 12:30-1:30)

Location: Rachada Thai Restaurant
13416 E. Imperial Hwy.
Santa Fe Springs, CA 90670

Tickets: Adults - \$20 per person
18 and under - \$15 per person

For information, to RSVP, and to purchase tickets, contact:
Lion John Doogan

Phone: (714) 367-0033 ex 204 Cell: (714) 380-0433

Email: jdoogan@socal.rr.com

Mailing Address: Orphanages of Thailand
P.O. Box 287
Stanton, CA 90680-0287

THE HUNTINGTON BEACH HOST LIONS CLUB PRESENTS

CRABFEST 2011



"All You
Can Eat
Crab Feast"

CRAB
BREAD
SALAD
CHOWDER
NO-HOST BAR

TO BE HELD AT
**Old World German
Restaurant**

7561 CENTER AVE. • HUNTINGTON BEACH

Sunday, March 27, 2011

Doors Open at 4:00 PM.

\$40.00
per person

TICKETS ARE PRESALE ONLY
NONE SOLD AT THE DOOR.
DEADLINE FOR PURCHASE
IS MARCH 13, 2011.

For information: www.hblionscrabfest.com or www.hbhblions.org or call (714) 899-9689

Please reserve _____ tickets at \$40.00 each. Enclosed is my check for \$ _____

Visa / MC / _____ Expires _____

Name: _____

Address: _____

Telephone: _____

For Group Seating: Name of Seating Party _____

Make check payable to **Huntington Beach Host Lions Club**

Mail check and this reservation form to: **Huntington Beach Host Lions Club**

Attn: Sandi Gleason

Tickets will be mailed one to

two weeks prior to the event.

7071-F Warner Ave., #479
Huntington Beach, CA 92647



**LION FRANCES NGUYEN OF THE WESTMINSTER COMMUNITY LIONS
WAS FEATURED RECENTLY IN THE OC REGISTER**

Frances Nguyen remembers the Tet Festival when it was just a block party on Hoover Street in Westminster.

In 1982, as waves of Vietnamese refugees were pouring into California and Orange County after the Fall of Saigon in 1975, the Tet Festival, which heralds the Lunar New Year, was a source of comfort for those who were hurting.



TET FESTIVAL VOLUNTEER LION FRANCES NGUYEN OWNS THE GOLDEN TROPHY AND AWARDS CO. IN GARDEN GROVE. SHE WEARS A TRADITIONAL VIETNAMESE AO DAI THAT WILL BE A FAMILIAR SIGHT DURING THE UPCOMING 30TH ANNUAL TET FESTIVAL.



It was not only an opportunity for them to celebrate their culture and the homeland they left behind, but also a way to fundraise for the hundreds of thousands of boat people who left Vietnam with only the shirts on their backs and had reached American shores with a dream and a prayer.

Nguyen, then a young student and member of the Union of Vietnamese Student Associations, which organized the festival, also tapped Vietnamese journalists to create magazines during Tet to keep the home-sick community informed. Thirty years later, Nguyen says, this is home.

"Thirty years is a big milestone for us," she said. "We have not only been able to help ourselves, but also help the community around us."

The festival, which is entirely run by volunteers, celebrates its 30th anniversary and the Year of the Cat from Friday, Feb. 4, to Sunday, Feb. 6, at Garden Grove Park, 9301 Westminster Blvd. GG. www.tetfestival.org

Over the last 10 years the festival has given more than \$1 million to the Boy Scouts, the city of Garden Grove, sister city organizations, college scholarships and leadership conferences. Nearly 100,000 walk through the gates over the festival weekend.

This year's Tet Festival will feature for the first time an eight-minute fireworks show as the grand finale. The opening ceremony on Feb. 5 will also honor former festival chairpersons and organizers such as Nguyen, who was also the first Vietnamese American woman to be president of the Westminster Chamber of Commerce. There will be more than 40 food booths, 80 vendor booths and more than 20 for sponsors. The festival will also feature carnival rides and jump houses.

OH THOSE BLONDS....

FROM YOUR BLOND EDITOR

A blonde & her husband are lying in bed listening to the next door neighbor's dog.. It has been in the backyard barking for hours & hours.

The blonde jumps up out of bed and says, "I've had enough of this". She goes downstairs.

The blonde finally comes back up to bed and her husband says, "The dog is still barking, what have you been doing?"


The blonde says, "I put the dog in our backyard, let's see how THEY like it!"

A blonde was driving home after a game & got caught in a really bad hailstorm.. Her car was covered with dents, so the next day she took it to a repair shop. The shop owner saw that she was a blonde, so he decided to have some fun... He told her to go home and blow into the tail pipe really hard, & all the dents would pop out.

So, the blonde went home, got down on her hands & knees & started blowing into her tailpipe.. Nothing happened.. So she blew a little harder, & still nothing happened.

Her blonde roommate saw her & asked, 'What are you doing?' The first blonde told her how the repairman had instructed her to blow into the tail pipe in order to get all the dents to pop out.

The roommate rolled her eyes & said, 'Uh, like hello! You need to roll up the windows first.'



VisionWalk
A CURE IS IN SIGHT
Foundation Fighting Blindness
Invites you to join

VisionWalk

Sunday, June 5, 2011
California State Fullerton
9:00 A.M. Registration
10:00 A.M. Walk Begins


The Foundation Fighting Blindness (FFB) is pounding the pavement nationwide to increase awareness and research dollars through VisionWalk, FFB's signature fundraising event. VisionWalk will raise money to support cutting-edge research to find the preventions, treatments and cures for retinal degenerative diseases.

WALK WITH US!

VisionWalk is a 5K (3.1 miles) walk designed to raise awareness and dollars for the fight against retinal degenerative diseases. All walk routes are wheelchair and stroller accessible.

How can you help?

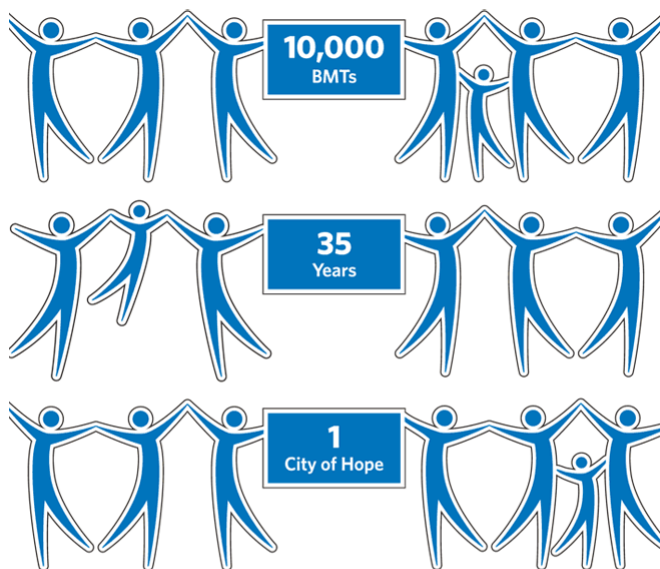
- ★ Form a Team with family, friends, co-workers, neighbors
- ★ Walk as an Individual
- ★ Volunteer at the Walk
- ★ Become a Sponsor of the Walk
- ★ Make a Donation to a Walker
- ★ Visit www.VisionWalk.org for more information



OUR INSPIRATION!
THEIR FUTURE.

Since its inception, FFB has raised over \$380 million for retinal disease research, more than any other non-governmental agency. FFB invests in cutting-edge research in promising areas such as genetics, gene therapy, retinal cell transplantation, artificial retinal implants and pharmaceutical and nutritional therapies.

For more information, please contact PDG Barbara Hayward at (714) 545-6126 or blhayward@sbcglobal.net, PDG Dan Mayer at (949) 458-3710 or liandmayer@cox.net, or Donna Cohen, Events Manager at (310) 207-2089 or DCohen@FightBlindness.org



Congratulations to our patients and their families.
And to our physicians, scientists, nurses and staff for reaching
a new milestone in City of Hope's world-renowned
Bone Marrow Transplantation Program ...
10,000 TRANSPLANTS!

DUARTE, Calif., January 13, 2011—City of Hope, which helped pioneer bone marrow transplantation three and a half decades ago, performed its 10,000th transplant on Jan. 13, becoming one of the first institutions in the world to reach this milestone.

Bone marrow or stem cell transplantation—collectively known as hematopoietic cell transplantation (HCT)—is a complex, often lifesaving procedure in which stem cells are used to help cure patients of their cancer. It is most often used for patients battling diseases like leukemia, lymphoma and myeloma.

“Day to day, our work is all about a single life at stake that we’re trying to save,” said Stephen J. Forman, M.D., Francis and Kathleen McNamara Distinguished Chair in Hematology and Hematopoietic Cell Transplantation and chair of the Department of Hematology & Hematopoietic Cell Transplantation. “Reaching 10,000, you think about the many people—children and adults—who have benefited from City of Hope’s care and research — the many wonderful people who have come here trusting us to care for them, hoping for a cure.”

In the nearly 35 years since City of Hope physicians performed one of the nation’s first successful bone marrow transplants, the institution has helped transplantation evolve into a gold standard treatment for several diseases.

On Jan. 13, 2011, City of Hope performed its 10,000th transplant on a patient with advanced leukemia who received stem cells from an unrelated volunteer donor who was a compatible match.

City of Hope performed its first successful bone marrow transplant in 1976 on a young college student from Indiana

who was diagnosed with acute myeloid leukemia. His physician told him he should prepare himself for inevitable death. But his cousin, a physician in Los Angeles, knew that City of Hope was launching a bone marrow transplant program. The young student went to City of Hope to undergo a bone marrow transplant, and he has remained in remission for 35 years.

Each year, he and thousands of other survivors, their families and hospital staff attend City of Hope’s Bone Marrow Transplant Reunion, a rite of spring held on the Duarte, Calif. campus.

City of Hope currently performs nearly 500 bone marrow transplant procedures each year. During transplant, patients typically undergo high doses of chemotherapy and/or radiation that helps eradicate the cancer cells but also destroy their bone marrow and immune systems. Patients then receive stem cells from one of several sources which then rebuild their blood and immune systems. Different sources of stem cells can be utilized depending on the disease and the availability of stem cell donors. Autologous transplants isolate and use the patient’s own healthy stem cells. Related donor allogeneic transplants use donor stem cells from a compatible relative or sibling, while unrelated donor allogeneic transplants use cells from altruistic volunteers who registered themselves as potential bone marrow donors. Umbilical cord blood stem cells also can be used. City of Hope recently was recognized by the National Marrow Donor Program registry as the only center in 2010 to achieve above average survival rates in unrelated transplants for five consecutive years.

“All of our research and treatment efforts reflect our commitment to patients and their families—recognizing each of them as a dignified human being with a story to tell and a life to live,” said Forman. “They also are our partners in developing new therapies for those who will come to us tomorrow for care. There are a significant number of people who are alive today because they were and are a part of something we did at City of Hope that was both bold and new.”

City of Hope laboratory and clinical scientists continue to make transplants safer and more effective, and help extend the length and quality of patients’ lives. New transplant procedures are improving cure rates, extending the procedure to older patients and expanding the use of transplants to diseases beyond leukemia, lymphoma and multiple myeloma.

Lions Day
at
City of Hope
March 27, 2011



City Lights

by Lion Lorna Badame,
District City of Hope Chairman

by District City of Hope Chairman Lorna Badame

Greetings Lions of District 4-L4,

Every March, at the City of Hope Lions Tribute Day, the Lions of MD-4 are recognized for all the support they offer year after year. This year's tribute day will be held on the morning of Sunday, March 27. The day includes plenty of time to meet and chat with Lions from all over the Multiple. Some of the Northern and Central California clubs, as well as some from San Diego County, even charter buses to transport their members. Most of us, of course, have less than an hour by freeway to nearby Duarte in the beautiful San Gabriel foothills.

After some opening introductions, the tour of the facility begins. There are numerous tour groups, each headed up by two City of Hope staffers and volunteers. The groups all begin their tours in different areas, and each visit several sites where they are addressed by City of Hope doctors and others to offer as much information as possible in just a few hours. After the tour a luncheon is held, with entertainment and a keynote speaker discussing some of the therapy and treatments offered at this magnificent facility.

Many clubs present checks at the luncheon, where a club member goes on stage before the three or four hundred Lions in attendance. This becomes a perfect public relations photo opportunity for local newspapers. Actually, there are many great places for photography; The City of Hope campus includes the award-winning Rose Garden and the magnificent Japanese Garden, which was built by and is maintained by Lions.

The entire event is perhaps the most significant of the Lions year, in that it allows Lions to see firsthand where their donations go and just what can be done to truly serve their fellow man. I am proud to be the district City of Hope chairman, and it is especially gratifying when 4-L4 is recognized as having been the district from which the highest amount of donations is given, which is practically every year. It is a bit of a sting, however, when Lion Pete and I see so few 4-L4 attendees at Tribute Day. This is such a terrific adventure, and one of which at the very least should be attended by district officers, club presidents and club City of Hope chairpersons.

Every Lion should attend this event at least once; Lion Pete and I have been to practically every one since we became Lions in 1992, and each year we are always amazed at the changes and improvements since our last tour. Those who have never attended the City of Hope Lions Tribute Day, and especially new members of your clubs, are encouraged to sign up to attend the event. Let's have 4-L4 really represented this year. A great goal would be to have *all district officers and at least one member from each club attending*.

I hope to see you there,
Lion Lorna Badame, City of Hope District Chairman



DIAMOND BAR BREAKFAST LIONS CLUB

Presents

DRUMMING for KIDS

A multicultural drum concert

Performances By:
Diamond Bar High School Percussion Ensemble
S.W. Lion Dance Troupe
Big Bamboo Steel Band
Kishin Daiko



Ticket prices: \$10 for adults and \$8 for children

DATE : Sunday, February 27, 2011
TIME : 2:00 – 4:00 p.m.
PLACE : Diamond Bar High School Theater
21400 E. Pathfinder Road
Diamond Bar, CA 91765
(57 fwy./Pathfinder Road)

Tickets may be purchased from Diamond Bar Breakfast Lions and at:
Diamond Mail & Shipping
1249 S. Diamond Bar Blvd. Diamond Bar, CA
Phone: (909) 861-1290

For more information contact: Wanda Tanaka at (909) 861-0142

**All proceeds will go towards organizations for kids and community service projects*

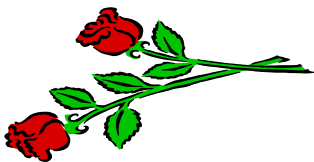


WILL THE INFAMOUS FLAMINGO BEING PASSED FROM POMONA HOST CLUB, PRESIDENT JACK LIGHTFOOT TO THE CHINESE AMERICAN CLUB PRESIDENT ARTHUR CHEN MAKE AN APPEARANCE AT THE DISTRICT CONVENTION IN PALM SPRINGS?

THE HARBOR MESA LIONS HOPE SO.

TO BE CONTINUED....

LIONS ROSE PARADE FLOAT DECORATING



A special "thank you" to the Diamond Bar High School Leo Club members who helped decorate our Lions Rose Parade Float on December 5th, December 11th, and on December 18th. After Christmas, many worked on December 27th through the 30th from 8:00 am to 11:00 pm. Thank you to the Chaparral Middle School Leo Club members who helped decorate the float on December 27th through the 30th.

Leo Advisors Jack and Wanda Tanaka want to thank all the Leos from District 4-L4 for helping to decorate the Lions Float. In addition to the Diamond Bar High School and Chaparral Middle School, Leos from Marina High School, Troy High School, Seal Beach, Orange County Korean American and the Braille Institute helped decorate.

On another Leo note, the Diamond Bar High School Leo Club was presented the **Leo Club Excellence Award** from Lions Clubs International at the Third District Networking Meeting on January 22nd. Last year, under the dynamic leadership of Immediate Past Leo President **Freddie Peng**, the Diamond Bar High School Leo Club ended the year with 10,000 hours of community service, performed 23 projects, held 26 fundraisers and donated \$15,000.00 to charities.

Ontario-Upland Lions BUNCO

✓ Saturday, March 26, 2011
6:15 p.m. Sharp

✓ Ontario Masonic Lodge
1025 N. Vine Ave.
Ontario, CA

✓ Donation \$15.00

✓ Please be age 12 or older

✓ Come and enjoy snacks, desserts, and chances to win raffle prizes!



Celebrate with Us!!!

Oldest Club in the District!!!



Pomona Host Lions 90th Anniversary Celebration



You are invited to celebrate with the
Pomona Host Lions Club
as it commemorates 90 years of continuous service.

Guest Speaker
**International Director
Bob Smith**

March 18, 2011

6:30 p.m. social, 7:30 p.m. dinner
Pomona Valley Mining Co., located at 1777 Gillette Rd,
Pomona, CA (at the top of the hill)

Cost - \$50, which includes dinner, a limited edition of the
Pomona Host Lions Club 90th Anniversary Pin and
participation in the door prize drawing.

Please send your check for \$50 to the Pomona Host Lions
at P.O. Box 3085, Pomona, CA 91769. The reservation
deadline is March 9, 2011. For further information, call Gil
Smith at 909-860-6477 or 909-802-9915.

HARBOR MESA LIONS PRESENT



LUCY & ETHYL'S BINGO PARLOR

MONDAY, MARCH 14, 2011, 6:30 p.m.

**COSTA MESA COUNTRY CLUB
1701 Golf Course Drive, Costa Mesa**

**COME VISIT US FOR A FUN EVENING
OF DINNER, BINGO, AND LOTS OF
LAUGHS, SURPRISES AND PRIZES**

**COST: DINNER, \$20 - BINGO CARDS \$5 each, three for
\$10**

**RESERVATIONS (Deadline 2/21): Call Lucy (Lion Carol) 714-962-0265
Or e-mail: clion93@verizon.net**

DISTRICT 4-L4 CALENDAR

February 3-4	MD-4 Council of Governors Meeting, Primm NV
February 4-6	MD-4 Convention, Primm NV
February 12	La Habra Host Pasta Fest
February 18-20	Lions Flag Days
February 19	Teen Recognition Dinner
February 25	Garden Grove Lions Club Golf Tournament
February 27	Diamond Bar Drumming for Kids
February 28	All Club Level Student Speakers Contests must be completed
March 4-7	Ensenada Cruise & Visitation
March 5-6	Hearing Days
March 12	Orange County Central Lions Spaghetti Dinner & Bingo
March 12	Cucamonga District Host Sip for Sight Wine Tasting Dinner
March 12	Pomona Host Lions Bowl-a-thon
March 14	Harbor Mesa Bingo Night
March 15	Orange Region Meeting
March 18	Pomona Host Lion 90 th Anniversary Party
March 21	All Zone Level Student Speakers Contests must be completed
March 21	Saddleback Region Meeting
March 26	Ontario-Upland Lions Bunco
March 27	Lions City of Hope Day
March 27	Huntington Beach Host Crabfest
March 30	Foothill Region Meeting
April 2	Orphanages of Thailand Fundraiser
April 9	Rancho Cucamonga Comm. Lions Fashion Show
April 16	District Networking Meeting, Student Speakers Contest, Foothill Region
May 2	Orange County Central Lions Club Golf Tournament
May 12-15	District 4-L4 Convention, Doral Resort, Palm Springs
June 3-5	MD-4 Council of Governors Meeting, San Jose
June 5	Vision Walk 2011
June 4	MD-4 Student Speakers Contest Final
July 4-8	Lions International Convention, Seattle WA
September 22-24	USA/Canada Forum, Anchorage AL

ATTENTION

CLUB PRESIDENTS, CLUB SECRETARIES, CLUB EVENT CHAIRMEN

DO YOU SEE YOUR UPCOMING EVENTS ON OUR DISTRICT CALENDAR?
IF NOT, PLEASE SEND DATES AND FLYERS TO YOUR EDITOR.

HAVE YOU HAD A FUN SOCIAL EVENT, A SUCCESSFUL FUNDRAISING EVENT,
OR PARTICIPATED IN A GREAT SERVICE PROJECT? SEND PICTURES AND A REPORT TO YOUR EDITOR.

SHOW YOUR CLUB OFF THROUGH THE DISTRICT 4-L4 FORUM

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