

# The 4-L4 Forum

**THE OFFICIAL PUBLICATION OF  
CALIFORNIA LIONS  
DISTRICT 4-L4**

**Volume 93 \* Number 4 \* October 2014**



**District Governor  
Gil Smith**

**DISTRICT GOVERNOR**

Gil Smith (Lion Barbara)  
1120 Seneca Place  
Diamond Bar, CA 91765  
H (909) 860-6477  
C (909) 802-9915  
gilsmith@aol.com

**1ST VDG**

Ken Myers (Denise)  
2131 N. Albright Ave.  
Upland, CA 91784  
H (909) 608-1938  
C (951) 712-1823  
Dnk381@aol.com

**2ND VICE DISTRICT GOVERNOR**

Robert "Bob" Susaeta (Sharon)  
23968 Sanctuary Park Way  
Yorba Linda CA 92887  
H (714)-692-9118  
C (714) 606-9963  
susaeta@sbcglobal.net

**SECRETARY**

Marianne Allen (Mike)  
P.O. Box 487  
Garden Grove, CA 92842  
H (714) 534-3791  
C (714) 658-2232  
sarahcait@sbcglobal.net

**TREASURER**

Joanne Waltman  
P.O. Box 575 Rancho  
Cucamonga, CA 91729  
H (909) 946-3557  
C (909) 230-3520  
waltmanathome@yahoo.com

**IPDG**

Sheila Casteel (PDG Jon)  
9333 Monte Vista Street  
Alta Loma CA 91701  
H (909) 483-3532  
C (951) 205-6998  
jandscasteel@hotmail.com

**DISTRICT NEWSLETTER EDITOR**

PDG Ellen Liebherr (Lion Mike)  
616 17<sup>th</sup> St.  
Huntington Beach, CA 92648  
C (714) 458-3077  
meliebherr@verizon.net

What an exciting year and month of September with the membership growth, leadership training, region meetings and so many clubs with active service and fundraising projects! Thank you to everyone who is making Lions a success story!

Membership continues to grow – We're now at 1,282 (+49). It's great to see clubs that are reinvigorating themselves, such as Stanton and Mission Viejo under dynamic leadership. Established strong clubs, such as Buena Park Noon and Tustin, are experiencing growth spurts, and WesternU conducted a successful membership drive this fall. Of course two always-dynamic clubs, Seal Beach and La Habra, continue to have growth and a significant presence in their communities.

Leadership training should never stop –This training can help all of us strengthen our clubs and make us more effective leaders, empowering us to give more in service to our communities and the world. Leadership training is available at the international, MD4 (California) and district levels. On the international level, in September, I had the opportunity, along with 2VDG Bob and our wives, to attend the USA-Canada Leadership Forum in Puerto Rico. The training seminars were superb, and we plan to share much of the information with our district clubs. Also on the international level, in March, 2VDG Bob will be attending the LCI Advanced Lions Leadership Institute. Remember, online classes and webinars are always available to all Lions on the LCI website, [lionsclubs.org](http://lionsclubs.org).

MD4 offers several high-powered leadership training events, which all Lions can attend. The first is the MD4 Leadership Institute in Ontario, CA January 17-19, 2015. This training is extremely valuable for all Lions, who wish to grow in leadership skills, but especially for current and future club presidents and district leaders. If you are interested, the registration forms are on the MD4 Lions website. So far three Lions from our district have registered, and we would encourage others to join them. The second MD4 leadership opportunity will be the leadership and membership seminars presented at the MD4 Convention being held in Visalia on February 20-22, 2015. I encourage you to attend if you can.

Two extremely valuable leadership trainings will take place at our next district meeting on November 15<sup>th</sup>. The District Leadership Academy, beginning at 8:45 a.m., will feature MD4 Council Chair Denny Grotrian, speaking on "6 to 60," how a club of six members on the verge of folding reinvigorated itself and grew to 60. Then, CC Grotrian, in the keynote address, will share an excellent program, which the Smiths and Susaetas first heard him present at the USA- Canada Forum, called "I'm Your New Member, I'm Leaving." This presentation is very thought provoking and right on target. On the district level we recently had a Club Excellence Process (CEP) Facilitator class attended by some of your district leaders. Thank you for attending.

**Outstanding Region Meetings** – We had three invigorating Region Meetings. Between the three meetings we had close to 120 in attendance. The three Region Chairs did an excellent job! Venues, food and entertainment were excellent. I especially enjoyed the lively Tail Twisting and fun-filled atmosphere during the meetings.

Continued Page 2

# 2014-2015 DISTRICT CABINET

Foothill Region Chair  
David Stilwell (Lion Sung)  
4484 Los Serranos Blvd.  
Chino Hills, CA 91709  
H (909) 393-2435  
[Mrdave51@aol.com](mailto:Mrdave51@aol.com)

Foothill Zone "A" Chair  
Andy Megaw (Lion Shari)  
P.O. Box 182  
Rancho Cucamonga, CA 91729  
H (909) 980-8271 B (909) 980-8271  
[andymegaw@yahoo.com](mailto:andymegaw@yahoo.com)

Foothill Zone "B" Chair  
Valerie Johnson (Jim)  
6123 Northstar Pl  
Alta Loma CA 91701  
(H) (909) 987-1009 C (909) 262-1701  
[Lambjam77@yahoo.com](mailto:Lambjam77@yahoo.com)

Foothill Zone "C" Chair  
Brian Quan (Cindee)  
2406 Clear Creek Lane  
H (909) 861-7318 C (951) 505-9642  
[fishingbbq@aol.com](mailto:fishingbbq@aol.com)

Orange Region Chair  
Gary Denni (Ginny)  
653 W. 19<sup>th</sup> St  
San Pedro CA 90731  
H (310) 832-6547 B (562) 430-0424  
[gdenni@juno.com](mailto:gdenni@juno.com)

Orange Zone "A"  
Larry Rottweiler (Cindy)  
10561 Dalmatian Ave  
Whittier, CA 90604  
(323) 807-0195  
[larryrott@aol.com](mailto:larryrott@aol.com)

Orange Zone "B"  
Diane Quinlan (Lion Scott)  
P.O. Box 6592  
Orange CA 92863  
H (714) 596-8992 B (714) 665-3872  
[mrsquinlan@hotmail.com](mailto:mrsquinlan@hotmail.com)

Orange Zone "C"  
Lindsay Safe  
136 13<sup>th</sup> Street Apt A  
Seal Beach CA 90740  
C (714) 645-0148  
[Lindsey.safe@hotmail.com](mailto:Lindsey.safe@hotmail.com)

Saddleback Region Chair  
Carol Proctor (Bob)  
9690 Dove Circle  
Fountain Valley, CA 92708  
H (714) 292-2422  
[ccproctor@icloud.com](mailto:ccproctor@icloud.com)

Saddleback Zone "A"  
Arlene Schafer (Jim)  
292 Bucknell Road  
Costa Mesa CA 92626  
H (714) 546-1429  
[acschafer@ca.rr.com](mailto:acschafer@ca.rr.com)

Saddleback Zone "B"  
Cherrill Cady (Tustin Host)  
1261 Lucinda Way  
Tustin CA 92780  
H (714) 544-6774 C (714) 227-1751  
[crcady@cox.net](mailto:crcady@cox.net)

Saddleback Zone "C"  
George Vardaman  
23853 Catamaran  
Laguna Niguel CA 92677  
C (949) 283-7109  
[gward62@gmail.com](mailto:gward62@gmail.com)

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District Governor Gill Smith's message (continued).....

**Successful Governor's Fundraiser** –Thank you to all who attended, contributed and worked on the Governor's Fundraiser on September 27th to make it a successful evening! The evening was filled with outstanding food, drinks and entertainment, Fireball toasts, raffle prizes, live auction, silent auction, dollar dances with the Governor (including a double team by PJ Smith and Chris Barr) a lighted path to the restrooms (courtesy of Dave Stilwell and the Chino Valley club), and just a whole lot of fun. My special thanks to IPDG Sheila Casteel who put the entire event together and gathered so many raffle prizes, and to PDG PJ Smith for the stained glass window he created, the shadow box of Lions pins he made (rather than including it in the live auction portion of the Governor's Fundraiser a number of my club members made personal contributions to match the expected winning bid and presented the shadow box to me), the major live auction items and the Fireball toasts. The unsung heroes of the evening have to be the many Lions who set up, cleaned up, sold tickets, tended bar and served the food. Thank you to all of you for your support.

**Rewarding Governor's Cabinet Visitations** –The Governor's Cabinet Visitations are going well. As is said in horse racing, we're at the end of the backstretch and approaching the clubhouse turn. Inducting new members, recognizing members with the LCI Milestone Chevron Awards, sharing the vision for this year and receiving warm welcomes make it all fun and worthwhile.

**Governor's Excellence Award Medallion** – This custom-crafted medallion, attached to a blue and gold ribbon, is being introduced this year to recognize members of individual clubs who have made significant contributions in the areas of leadership, membership and service – the core areas of Lions. We will present the medallions for membership at the November 15<sup>th</sup> District meeting, the medallions for service at the January 24<sup>th</sup> District meeting, and the medallions for leadership at the April 18<sup>th</sup> District meeting. The president of each club will nominate the club's recipients (one for membership, one for service and one for leadership). Additional medallions will be presented at the District Convention to Lions who have demonstrated extraordinary excellence on a district level. We have outstanding Lions throughout our district, and they deserve to be recognized!!

**Please join me for the District meeting on November 15<sup>th</sup>!** It will be highly informative and lots of fun. It will also provide a meaningful opportunity to honor your Governor's Excellence Award recipients and to give them recognition throughout the district.

Thank you to everyone who has helped us get off to a good start for the year and especially to all the District 4-L4 Lions, who are stretching even harder to meet the needs of our communities and the world!



**1<sup>ST</sup> Vice  
District  
Governor  
Ken Myers**

Fellow Lions, we never stop learning. You have heard me state several times that we need to have a 30 second elevator talk about the Lions when someone asks, "What are the Lions about". Well, on the cards from our newest club Chapman University it states: LIONS – Loving Individuals Offering Needed Service. Lions Clubs International is the world's largest service club organization. We have 1.35 million members in more than 45,000 clubs worldwide. On a local level, Lions meet the needs of our local communities and the world.

Short and simple with responses like this, we give enough information to get them thinking. You can then hand over your card or club flyer, and say, if you would like more information please call or visit us at one of our meeting or projects as my guest.

Remember that one of tools we have to help us with growth in membership is the LCI Web site. [www.lionsclubs.org](http://www.lionsclubs.org). Click on Member Center and then click on Increase Membership. Here it is broken down into five areas. For New Members, Start a New Club, Membership Communication, Invite Members, Strengthen Membership and The Global Membership Team.

Membership Communication is a site to go through for ideas. The Pulse e – Newsletter has up to-date information from LCI on membership and programs. Monthly webinars such as "Calling all Lions! Strengthen the Pride by growing your club" or Posts, Tweets, Hash Tags? Social Media Works. The membership Blog lets you share and ask questions on membership with other Lions. You can also read Success Stories on membership from other lions.

Remember the more hands we have the more we can.

## **DISTRICT GOVERNOR'S 2014-2015 VISITATION SCHEDULE**

### **OCTOBER**

<b>9-Oct</b>	<b>7:00PM</b>	<b>Brea</b>
<b>14-Oct</b>	<b>7:00PM</b>	<b>Placentia Linda</b>

### **NOVEMBER**

<b>3-Nov</b>	<b>6:30PM</b>	<b>Harbor Mesa</b>
<b>23-Nov</b>	<b>6:30PM</b>	<b>OC Costa Rica</b>

**TBD Westminster, UCI, Chapman College  
Newport Beach Hawaiian, Western U**



**2<sup>ND</sup> Vice  
District  
Governor  
Bob Susaeta**

I attended the USA/Canada Forum a couple of weeks ago. One of the presenters in a workshop made the statement "We as Lions and clubs have two ways to go. We can be green and continue to grow or we can be ripe and rot." I am sorry that I cannot recall his name but the statement really got to me.

In all of the visitations that I have made, I have seen many green clubs that are exciting, doing new things and growing. I have seen ripe clubs that are still doing some great things but should start looking forward to doing even better. I'm happy to say I have not seen one club in the rot category.

Last week the District hosted the Club Excellence Program that was attended by just a few. This is a great program to make sure that none of us ever hit the rot category. The two programs presented were the PRO where clubs ask for a trained facilitator to come in a guide the club through the process. The second was called the CEP Lite where the club would have one of their members lead the process.

I feel we could have a third version that would take place during a club meeting. Instead of having a guest speaker, we would spend the time in general discussion as to what we are doing as a club. Some of the topics could be:

Would the community know or care if our club did not exist?  
Does the community have needs that our club could provide if we knew them?  
Are we interested in finding out and doing something about it?  
Will someone or a group take on the task of contacting different city organizations and let them know we are here and willing to get involved?

How about our club?  
Do we have a club brochure telling people who and what we are about?  
Do we have fun?  
Would a new member feel welcome and want to be a part of us?  
Do we have a service projects that we could get new members involved with?  
Would we join our own club today if we walked in to a meeting?

These are simple questions that if answered could make all the difference in the world to each of us and to our clubs. Please take a crack at trying at least a part of this and if you find that it works and would like to move on to the two more complete programs please contact your Zone and Region Chairs for assistance.





## Cabinet Secretary

**Marianne Allen**

[sarahcait@sbcglobal.net](mailto:sarahcait@sbcglobal.net)  
714-658-2232 Cell

By the time you read this, our three Region meetings will be over. I want to thank all of the Region and Zone Chairpersons who assisted with these meetings. I could not have done it without you. We had a lot of fun especially with our tail twisters, Chris Barr at the Saddleback Region and Danny Hansen Orange Region meetings.

I want to encourage all of the Clubs to submit their reports in a timely manner. You know the deadlines for submission. You should all have your District directories by now. If you as a President or Secretary of your Club have not received your directory then please contact PDG PJ Smith. The directory will provide you with all of the important dates and what is going on in our District. You will also have the names and emails of whom you should send your monthly membership reports and activities reports to. Keep in mind your reports need to be sent to the following: District Governor, 1<sup>st</sup> Vice District Governor, 2<sup>nd</sup> Vice District Governor, Cabinet Secretary, your respective Region and Zone Chairpersons and to the GLT and GMT Chairs.

I know that I seem to sound like a broken record but there are numerous clubs that have not submitted any reports either to International or to the District Cabinet. You know who you are. Our second District meeting is fast approaching. The flyer is in the forum and I have emailed to all the Club Presidents and Club Secretaries. Please get your reservations in early.

If you have problems submitting your reports, please contact me either by cell phone (714) 658-2232 or email me at [sarahcait@sbcglobal.net](mailto:sarahcait@sbcglobal.net). I hope that we can have a successful 1 year working together.

I also wanted to remind the Clubs that have not submitted any reports, I will be contacting you within the next month to see why you are not submitting them. It is imperative that we have these reports even if you had no activities or changes in your membership.

## NOW YOU SEE IT, NOW YOU DON'T!



Seal Beach Lion Scott Weir paints over graffiti as part of the on-going LAG (Lions against Graffiti) program.



## Second 4-L4 District Meeting

**SATURDAY, NOVEMBER 15, 2014**

Costa Mesa Golf Course and Country Club

1701 Golf Course Drive Costa Mesa, CA 92626

**Cost: \$27 per Person**

Registration Starts 8:30 AM / Meeting 10:00 AM

8:45AM-9:45AM Leadership Academy/Focus on Membership

**Keynote Speaker and Leadership Academy Presenter**

**MD4 Council Chair, Denny Grotrian**

Clubs are asked to bring a raffle prize with a value of at least \$20.00~

Please send your reservation by November 6, 2014

(Note: Cost after the deadline or at the door with no reservation

Will increase to \$29 per person)

Club Name: \_\_\_\_\_

Number Attending: \_\_\_\_\_ Amount enclosed: \_\_\_\_\_ Make checks payable to District 4-L4.  
Please send the names of those attending on the back of this form.

Turkey dinner \_\_\_\_\_ Pasta Primavera \_\_\_\_\_

Please send payments to Marianne Allen, Cabinet Secretary: P.O. Box 487 Garden Grove, CA 92842

Email: [sarahcait@sbcglobal.net](mailto:sarahcait@sbcglobal.net)



## Save the Date



*"Annual Lions District 4-L4 Convention"*

☞ May 14-17, 2015 ☞

**Pala Mesa Resort**



Actual photo of resort...not of Governor Gil's house

**(Not to be confused with the Pala Casino Resort)**

Games, Golf, food, hospitality rooms, speeches, tears and cheers, "Lawyer" jokes, entertainment, awards, adult beverages...did I miss anything?????

Thursday:



Friday:



Friday Entertainment:



Saturday Entertainment:



Sunday's Speaker:

Alena Strickland



"Every child deserves To be loved"

Alone we can do so little; together we can do so much...Helen Keller





HARBOR MESA LIONS



## 19<sup>TH</sup> ANNUAL "WILD WEST" CASINO NIGHT

WE ARE OFFERING NEW GAMES OF CHANCE THIS  
YEAR INCLUDING 3 CARD POKER, 7 CARD POKER,  
CARIBBEAN STUD POKER, LET IT RIDE  
AND TEXAS HOLD'EM



FRIDAY, OCTOBER 17, 2014

6:30 p.m. to 11 p.m.

Costa Mesa Neighborhood Community Center  
1845 Park Avenue, Costa Mesa

**\$40 Per Person** still includes \$100 in gamblin' scrip,  
still includes a delicious NEWPORT RIB COMPANY buffet dinner,  
still includes hoedown dancin' AND always includes lots of fun, fun, fun!  
AND YOU CAN STILL TRADE IN YOUR CHIPS FOR RAFFLE TICKETS TO WIN GREAT GIFT CARDS  
AND BID ON ITEMS IN OUR ALWAYS FANTASTIC SILENT AUCTION!  
AND AS ALWAYS GRAND PRIZES WILL BE DRAWN FROM YOUR TICKET STUB!

ADVANCE TICKETS ONLY! PURCHASE BY OCTOBER 10, 2014  
MAKE YOUR CHECK PAYABLE TO HARBOR MESA LIONS  
MAIL TO: Lion Marianne Hahn 204 Loyola Road, Costa Mesa, CA 92626

FOR FURTHER INFORMATION CALL: Chairs Lion Eileen Jensen at (949) 394.4294 or Lion Cathy Waters at (714) 444.2151  
Proceeds go to local charities and Lions projects



## 7th Annual Ensenada Visitation Cruise Carnival Inspiration



Join District Governor Gil, Lions & friends  
for the Ensenada Cruise.

March 6 – 9th, 2015

Sunday is a Cruise Day with Games

Saturday March 7<sup>th</sup> District 4-L4 will join the Ensenada Lions  
for Lunch. This is the 57<sup>th</sup> International  
Visitation between District 4-L4 & the Ensenada Lions.  
PDG Barbara Hayward is organizing the luncheon.

Carnival categories are as follows:  
(This price includes taxes, port fees & pre-paid tips.)

- Category 6E \$493.33 P.P. Upper Deck Midship - Porthole (16 cabins)
- Category 6C \$463.33 PP Main Deck Forward of Aft - Porthole (10 cabins)
- Category 4D \$428.33 PP Upper Deck Inside - Midship (10 cabins)
- Category 4C \$418.33 PP Lower Deck Forward or Aft - Inside (10 cabins)
- Call for pricing of Mini Suite. There are no balconies on this ship.

**\$100 deposit per person is due by October 20th**

You can still make reservations after that date at the prevailing rate.

Final payment is due December 24, 2014

Please call 714-846-2478 or email Lion Carol Linehan  
[CADL8029@yahoo.com](mailto:CADL8029@yahoo.com) for questions and reservations.

*Vamonos a Ensenada!*

BRUCE BEAUCHAMP GREGG CRAWFORD  
MEMORIAL

# POKER TOURNAMENT

SATURDAY, OCTOBER 18th

GARDEN GROVE LIONS CLUB  
9860 LARSON AVENUE



**\$40 Entry, Additional Buy-In's Available**

Food, Drink, Raffle & Cash Bar  
ADVANCE TICKET SALES ONLY  
7 p.m. to 11 p.m.

Mail Entry Fee to:

Garden Grove Host Lions  
9860 Larson Avenue  
Garden Grove, CA 92844

RSVP Contact: Tom Clarke 714-389-8830 / [gglionspoker@gmail.com](mailto:gglionspoker@gmail.com)

This event is hosted by the:

Garden Grove Host Lions Club

This fundraising event is in memory of two of our longstanding members

Bruce BEAUCHAMP and Gregg CRAWFORD

Proceeds go to LIONS PROJECTS and LOCAL CHARITIES



GARDEN GROVE LIONS

*We Serve*

## Student Speaker Foundation

Thank you Huntington Beach Host for your donation to the Student Speaker Foundation it is greatly appreciated.

The following Clubs brought used cell phones and ink cartridges to the Region Meetings which will be shipped to the Funding Factory who in turn gives credit to our District. Thank you Huntington Beach Host, La Habra Host and Tustin Host.

A reminder this year the 15 District Trustees are selling the 2017 - 100 Year Convention Pins with the proceeds going to the Foundation. They will be available at the District Meetings. Thanks Brea for purchasing 100 year Convention Pins.

The Student Speaker Foundation would appreciate if your club or you as an individual would think of the foundation when making a contribution to the many worthy charities that you can give to.

Lion Carol Linehan  
District 4 L4 District Trustee 2014-15



## Longevity Chevrons

Throughout the Lions year, the District Governor or the Club President will be presenting Longevity Chevrons to those Lions who have membership anniversaries of 10, 15, 20, 25, 30, 35, 40, 45, 50, 55, and 60 years. Below are photos of some of the Lions who received their chevrons during September and early October.



Congratulations!





# Upland Host Lions Club

## 90th Anniversary Party

November 8th at 6PM

We invite you to celebrate with us!

Magdaleno's  
220 N Central Ave.  
Upland, CA

Dinner and No-Host Bar

Guest Speaker: PID "Bill" Iannacone, DC

Please send \$40 per person to:  
Upland Host Lions Club  
PO Box 1026  
Upland, CA 91785

or RSVP to  
Kenneth Bell  
909-210-8671  
BELLK@acm.org

Sathya Sai Baba Organization of America - Pacific  
Region South along with  
Santa Ana Lion's Club, Lestonnac Free Clinic, the  
Well Program, Healthy Smiles for Kids, Puenta a la  
Salud, CalOptima, UCI and other organizations invite  
you to:



## Free Santa Ana Health Fair

There will be food, fun activities, and free health services for the entire family

Services will include:

Physical Exams and Flu Shots

Dental Services for Children and Adults

Vision Services and Glasses for Children and Adults

Mental Health Services for Families

Women's Health Services - Pap Smear\*, Mammogram\*

Nutrition Education including Diabetes Screening, Cholesterol Screening

Physical Fitness Services

Community Resources and much More!

**Date:**  
**Sat.**  
**Sept 20, 2014**

**Time:**  
**8 am to 3 pm**

**Location:**  
Valley High School  
1801 S Greenville St  
Santa Ana, CA 92704

For more information ,  
please contact:  
Cesar Vargas at  
(714) 558-5636

**\*Important Notice\***  
Women's Health  
Services will be on a  
first come first serve  
basis!



## WELCOME SAVANNA LEO'S CLUB



**CHARTER NIGHT SEPTEMBER 17**  
**SPONSORED BY THE**  
**ANAHEIM LIONS CLUB**





# Huntington Beach Host Lions Oktoberfest a Barrel of Fun



# Brea Lions Distribute Funds

After a lot of hard work putting together this year's Orange County High School All-Star football game, the Brea Lions were proud to distribute the proceeds of the game to three very deserving organizations.

Western Youth Services provides invaluable assistance to troubled and needy youth in Orange County.

The BOHS Cheerleaders were very helpful at the game banquet and during the game with program sales and 50/50 ticket sales.

The Brea Olinda Unified School District Special Education (formerly known as Cathy's Kids) provides some fun experiences and outings that help round out special needs kids at Brea schools.







# Harbor Mesa Lions Club Farewell to Summer Aloha Luau







# District Governor's Visitations



## Garden Grove Host Lions – September 3



Garden Grove Host Lions with District Cabinet at Governor's Visitation



Garden Grove Host Lions President Tom Clarke with DG Gil Smith



DG Gil speaks to the Garden Grove Host Lions Club.

## Costa Mesa Orange Coast Lions – September 4



Costa Mesa Orange Coast Lions listen to DG Gil Smith speak.



Costa Mesa Orange Coast Lions President Walden Hughes with DG Gil Smith



Costa Mesa Orange Coast Lions head table

## Anaheim Lions – September 4



Anaheim Lions with DG Gil and cabinet



President PDG Jack Mauller with DG Gil Smith



Anaheim Lions New Member Induction

## Chinese American of Orange County Lions – September 9



Chinese American of Orange County Lions with Governor and cabinet



President Morgan Huang with DG Gil Smith



Chinese American New Members Induction



# District Governor's Visitations page two



## Fullerton Host Lions – September 18



Fullerton Host Lions with DG Gil Smith and cabinet



Fullerton Host Lions enjoy breakfast at visitation.



Fullerton Host Lions New Member Induction

## Cucamonga District Host Lions – September 24



Cucamonga District Host Lions with DG Gil Smith and cabinet



Cucamonga District Host President Andy Megaw with DG Gil Smith



Cucamonga District Host New Member Induction

## Orange Lions – October 1



Orange Lions with DG Gil and cabinet



Orange President George Schnitzer with DG Gil Smith



Orange Lion 2VDG Bob Susaeta presents check to police for emergency tourniquets.

## Pomona Host Lions – October 2



DG Gil Smith thanks Pomona Host Lion President Ricky Ortiz at end of meeting.



DG Gil Smith poses with Past Council Chair Phil Browne and his City of Pomona Certificate of Recognition



City Council member Lion Ginna Escobar presents members with City of Pomona Certificates of Recognition.



# District Governor's Visitations page three



## Huntington Beach Host Lions – October 2



Huntington Beach Host Lions with DG Gil Smith and cabinet



Huntington Beach Host Lions President Mark Piva with DG Gil Smith



Huntington Beach Host Lions New Members Induction

## District Cabinet's Fun Along the Visitation Trail



Cabinet sings at Chinese American Lions visitation.



1VDG Ken Myers and Orange Region Chair Gary Denni



1VDG Ken Myers, GMT Coordinator Dave Hubbard and Assistant Public Relations Chair Jerry McJunkin



Public Relations Chair Carol Van Holt in a duet



Foothill Region Chair David Stilwell



District Photographer Wanda Tanaka



Zone Chair Arlene Schafer



Saddleback Region Chair Carol Proctor



Governor Gil Smith



2VDG Bob Susaeta sells Rose Parade merchandise.



Zone Chair Diane Quinlan



Orange Region Chair Gary Denni





# **SUPER SADDLEBACK**

**Region Chairman  
Carol Proctor**

More great things happened in September and are planned for October and beyond by the Clubs of the Saddleback Region as provided by the Zone Chairs or Club Presidents/Secretaries. Yet again, I am very happy to report there are new members in several Clubs. The Saddleback Region Meeting held at the Claim Jumper in Fountain Valley, was very well attended, and a lot of camaraderie was evident. DG Gil and his "Amigos," 1<sup>st</sup> VDG Ken & 2<sup>nd</sup> VDG Bob, provided updates and timely information. Speaker Mason Dickerson kept the group interested and amused with his timely topic on "Building Collaborative Relationships: The Power of Collaboration." Tustin Host President Chris Barr provided comic relief as he twisted Lion tails!

## **ZONE A CHAIR ARLENE SCHAFER**

**ORANGE COAST BREAKFAST CLUB** still has the following activity coming up: October 16 – Tour of the Orange County Performing Arts Center. Email President Walden Hughes at [waldenhughes@yesterdayusa.com](mailto:waldenhughes@yesterdayusa.com) if you are interested!

**HARBOR MESA LIONS CLUB** continues to keep busy! The School Box Project Committee provided 210 colorful plastic boxes to area first-grade students at two Costa Mesa grammar schools. The boxes were filled with all sorts of needed school items—pencils, pencil sharpeners, scissors, erasers, index cards, rulers, etc. The children were elated with their very own box and the Club again enjoyed helping the school children get a head start with the fundamental tools they will use throughout the years.

The September 20 "Farewell to Summer" Aloha Luau fundraiser was a big hit at the Proctor Tiki Shack, with over 60 paid guests! The fundraiser brought in over \$2,200. The food was fantastic, the "Wahini Committee" did an amazing job in planning, food prep and service, and the Club Members pitched in to make it a successful event. The entertainment highlight was the "Hula Dancers," who made everyone laugh and enjoy the fun.

Led by Lions Joan and Sue, Members staffed the Lions Sight and Hearing Van at the 4<sup>th</sup> Annual Orange County Veterans Stand Down on September 26<sup>th</sup> and 27<sup>th</sup>. The event was held at the Tustin Army Reserve Center (2345 Barranca Parkway, Tustin CA – next to The District shopping center). Lions and other volunteers, including nursing students, provided various vision and hearing tests for homeless and at-risk veterans and their families. Over 291 were assisted.

The Club's annual "Bob's Ice Cream" fundraiser at the Orange County Marketplace was held in September. As everyone knows, it was a hot month, and therefore great for selling ice cream! The Club netted \$291.

Nine members of the Club had a plarn party at Lion Joan Parks' fall-decorated home. The group had a great time cutting, looping and

making plastic yarn ("plarn") balls from plastic shopping bags. The plarn balls are then sent to the Pomona Host Lions Club, whose members will crochet/use them to make blankets and mattresses for homeless people.

The Club is continuing to plan their biggest fundraiser of the year: the 19<sup>th</sup> Annual Wild West Casino Night to be held on October 17<sup>th</sup>, from 6:30-11 pm. The Casino Night includes a fantastic Newport Rib Co. dinner, an amazing Silent Auction, various raffles, music/dancing, fun poker games and great camaraderie.

**HUNTINGTON BEACH HOST LIONS** allocated more than \$23,000 to various organizations at their first meeting in September. The donations represented fundraising efforts in Lions year 2013-2014. The Club's second meeting was their annual Oktoberfest at Old World German Restaurant. More than 100 Lions from around the District joined in the fun. Lion Dick Sklar was commended for once again organizing a well-planned event. According to President Mark, "Now if he had just done the Chicken Dance the evening would have been complete."

Lions Bruce and Joan celebrated 10 years of providing the best of the worst in entertainment by hosting the "10th Annual Worst Night at the Movies." Lion Bruce did a stellar job of providing shorts and two classically bad films - Troll II and Pleasantville. All of this horror raised \$330 for the Orange County Food Bank.

District Governor Gil and members of his Cabinet will be at the Club meeting of October 2<sup>nd</sup>. At that meeting, two new members will be inducted: Andy Candelaria and Don Williams. Welcome New Lions Andy and Don...and another high five to HB Host! The Club will also be holding their annual Peace Poster Contest at the meeting.

The Cities of Huntington Beach and Fountain Valley jumped on board recently to be "Host Cities" for the 2015 Special Olympics World Games, which will be staged in Los Angeles during July 25 - August 2, 2015. HB Host Club Members are actively engaged in helping plan a key facet of the games - The Host Town program. The Host Town program is a very special 3-day program that takes place prior to the Opening Ceremony of the Special Olympics World Games.

## **ZONE B CHAIR CHERRILL CADY**

**TUSTIN HOST LIONS CLUB** reports another new member was inducted! Larry Sample became the Club's 35<sup>th</sup> Lion in September. Welcome, Lion Larry!

The Club made a \$100 donation in September to Tustin Police Department's Santa Sleigh Program. The program provides candy canes and toys in December for underprivileged youth. Club Members volunteered service at several programs in September: The Sight Conservation Program, where 20 needy students were assisted with vision testing and glasses; the Annual Orange International Street Fair, assisting the Orange Lions Club; and the Miss Tustin Scholarship Program. The Club sponsors a candidate for the Miss Tustin Scholarship Program, and throughout the year, the Members participate in fundraisers and volunteer time towards this program in various ways. It



SUPER SADDLEBACK REPORT (Continued).....

culminated with the Miss Tustin Scholarship Fashion Show on September 20. The event was planned by four of the Tustin Host Lions. Once again, the Tustin Host Club participated in the City's Tustin Tiller Days on October 3-5. They served at the Saturday parade, assisted on the fairgrounds, or worked at the beer and wine booth.

**THE ORANGE COUNTY CHINESE AMERICAN CLUB** held a fantastic dinner and meeting for District Governor Gil and his Cabinet on September 9<sup>th</sup>. A Chinese Moon Story, a Moon Game, and Moon Songs kept everyone laughing, singing, and enjoying the evening. Everyone found out how well Ben Wu sings, too!

The Club has planned a dinner meeting on October 14 at the Mandarin Gardens Restaurant in Fountain Valley, with the focus being to provide donated dry goods to the Asian Americans Senior Citizen Center and toys to Orangewood Children's Home. All Lions are invited to attend.

Club Members recently attended the HB Host Oktoberfest and the Saddleback Region meeting. Way to go, OC Chinese American Lions!

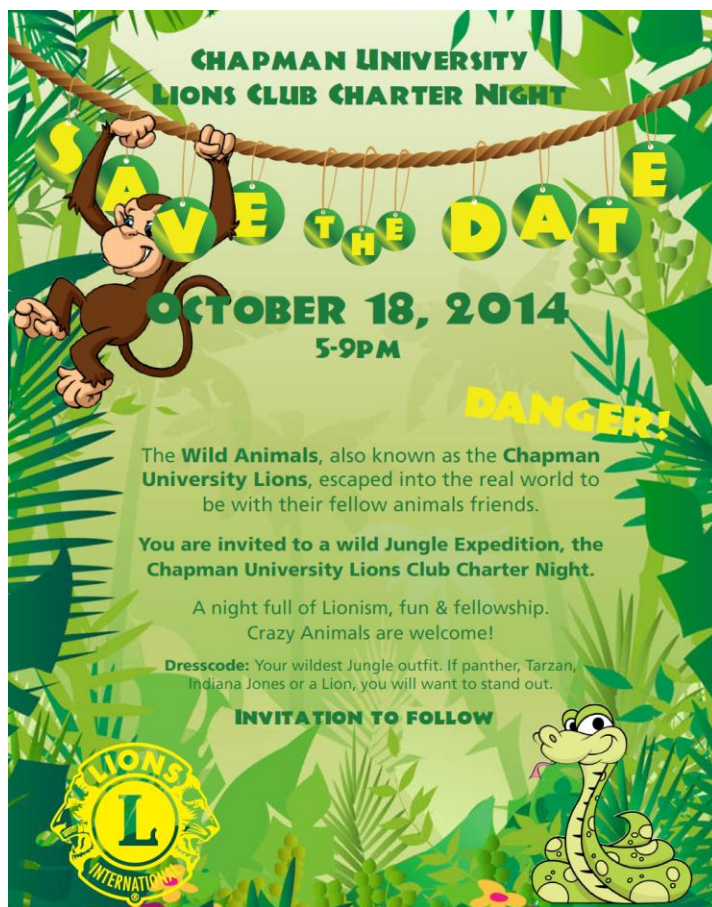
**THE SANTA ANA HOST LIONS CLUB** co-sponsored a Health Services Fair on September 20<sup>th</sup>. The event provided medical, dental and vision services (including glasses) to over 400 folk in the Santa Ana area. Other services included psychological counseling, diabetic education, mammograms and massage therapy. Several vendors provided information on CPR, health insurance and other community resources. Over 50 area Lions were involved in the event, which culminated in 200 Lions service hours.

#### **ZONE C CHAIR GEORGE VARDAMAN**

**THE LAGUNA NIGUEL LIONS** are keeping busy. In September, the Club we provided a full exam to a teenager (who didn't need glasses). The Club also assisted the Harbor Mesa Lions in their Veterans Stand Down by supplying 5 Lions who worked 15 hours. One Club Member worked 4 hours at the Santa Ana Health Fair assisting the Santa Ana Lions Club. Additionally, the Club collected 502 used eyeglasses and 234 use eyeglass cases (bringing their totals since July 1, 2014 to 1,934 used eyeglasses and 911 used eyeglass cases).

Future plans the members are working on include: (1) bringing in additional glasses and cases from merchants from a local shopping center; (2) holding another health fair in October; (3) assisting at the Blind Children's golf fundraiser in November; (4) planning a jewelry and painting fundraiser in December; and marching in the annual Christmas Parade in Laguna Niguel in mid-December. Kudos to Laguna Niguel Lions!

**THE NEWPORT BEACH HAWAIIAN LIONS CLUB** - It's not too late to RSVP to the Club's First Annual "A Very Grapeful Thanksgiving Fundraiser," benefitting the Cystic Fibrosis Foundation! It will be held at the Newport Beach Vineyards and Winery on Saturday, October 18 from 4-7 pm. See the flier in this FORUM issue for details and



Our Annual Election was just completed and the results can be viewed at: <http://www.lshf.org/blog> We respectfully request your forwarding this email to your District Secretary and Communications person for distribution to all the Lions in your District.

We also have redesigned and relocated our website to: <http://www.lshf.org> The site was designed to be more user friendly and we look forward to it becoming a resource for all Lions in MD-4 Districts A3 and L1 through L6. Together we can make a difference. We appreciate your support in teaming up with LSH to help those who may not be able to help themselves.

Have a look and tell us what you think.

Sincerely,

Randy Stein  
Chief Executive Officer



**LIONS  
SIGHT & HEARING FOUNDATION  
OF SOUTHERN CALIFORNIA**

5150 East Pacific Coast Highway | Suite 605  
Long Beach, California 90804  
(800) 647-6638 | Cell (310) 702-8655 | Fax (888) 958-7

Go to <http://bit.ly/1oJLuGh> and hear the LSH story as told by our recipients!

**Multiple District 4 Lions Pins  
2015 Honolulu, Hawaii**

Order Early CA Lion Residents ONLY may order

Pins will be sold on a first come, first serve basis  
Order by the dozen only

Please send:

\_\_\_ doz. Regular 2015 pins @ \$27.00 per doz. =\$

\_\_\_ doz. Prestige 2015 pins @\$30.00 per doz. =\$

1 doz. Shipping & Handling \$4.00 =\$

2 to 6 doz. Shipping & Handling \$6.50 =\$

Total=\$

PLEASE PRINT:

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Make checks payable to: CLPTA MD-4 Pins

Send to: Lion Fred Bunch P.O. Box 1908 Oakhurst, CA 93644



**Chinese American Lions Club  
of Orange County**

**October Meeting with Toy Run & Food Donation**



**Please bring a toy and dry food for donation**

**Food Drive**



Date: Tuesday, October 14

Time: 7:00 pm

Place: Mandarin Restaurant 18420 Brookhurst St. Fountain Valley, CA 92708

RSVP: \$25 donation per person

Contact Morgan Huang at 562-316-4619 cell, 714-306-7860

**CLUB SUPPORT NEEDED**



**AMERICAN FAMILY HOUSING  
THANKSGIVING DINNER**

District approved project American Family Housing will be serving dinner to about 500 needy families on Thanksgiving Day. The traditional dinner includes salad, turkey, mashed potatoes, gravy, stuffing, vegetables, rolls & dessert. *Can your club help defray the cost with a donation?* For more information contact Lion Ellen Liebherr ([meliebherr@verizon.net](mailto:meliebherr@verizon.net)) 714-458-3077. Mail checks to American Family Housing, 15161 Jackson St., Midway City CA 92655 Mark: Thanksgiving Dinner

Here's another way to help:

**GOAL 50 PUMPKINS**

**Pledge a Pumpkin Today!**

**Every pumpkin helps.**

**To pledge a pumpkin contact Courtney at [clutkus@afhusa.org](mailto:clutkus@afhusa.org) or (714) 897-3221 X 107**

**The Great PUMPKIN HUNT**

American Family Housing is on the hunt for pumpkins.

Our goal is to have 50 donated pumpkins for the children to decorate at their Halloween Party.

Date Needed By: Friday, October 24

Please Deliver To: 15161 Jackson St. Midway City, CA 92655



**PEACE  
POSTER  
CONTEST**

**Peace Posters must be received by Contest Chairman Lion Susie McIntosh by November 14, 2014.**

**Send to: Susie McIntosh, 1301 Brittany Cross Road, Santa Ana CA 92705**



# SEPTEMBER REGION MEETINGS



**The Three Amigos – Gov Gil and  
1<sup>st</sup> VDG Ken and 2<sup>nd</sup> VDG Bob**



**Foothill Region  
Chairman David Stillwell**



**Foothill lines up for grub**



**Tail Twister Chino Valley Lion  
Drew Sasser empties pockets**



**Orange Region Chairman Gary Denni,  
Zone C Chair Lindsay Safe & Gov Gil**



**Orange Region 1<sup>st</sup> Timers**



**The Orange Region had a full  
house in attendance.**



**Governor Gil and 1<sup>st</sup>  
Lady Barbara**



**La Habra Lions Ted Hebert and  
Danny Hanson emptied pockets**



**Saddleback Region  
Chairman Carol Proctor**



**Tustin President Chris Barr does his tail  
twisting at the expense of PDG Ken**



**Saddleback 1<sup>st</sup> Timers**





## FABULOUS FOOTHILL

**Region  
Chairman  
Dave Stillwell**

### POMONA HOST LIONS

At the Governor's Visit to his home club, First Lady Barbara Smith asked the governor during the questions segment to explain to all the guests in attendance "why he is so proud of his home club." Gil indicated he was proud of all the community service, over 30 projects a year, that members have performed. He held up the service summaries from the past several years, ranging up to 138 pages a year. He looked at each member of the club and talked about their individual help in the opportunities to make a difference in their community. A brief list involved the eyeglass collecting, California in Sight Event participation, feeding the hungry, and helping at the various Pomona Valley Health Fairs.

Gil was particularly proud of the Shadowbox Pin Board presented to him at the Governor's Fundraiser. The Pin Board was constructed by PJ Smith with pins from international presidents, District 4-L4 Governors, MD4 districts and various Clubs in the 4-L4 District. The Pomona Host members personally purchased the Pin Board from PJ and gave it to Gil Smith as their gift to him. Next month, find out how many times Lion Melvin Jones has visited the Pomona Host Club over its 93 years of existence.

### UPLAND HOST LIONS - as reported by Lion Keith Krumwiede

At the Clubs September 15 meeting, they had a speaker Mr. Tom Kobayashi who is of Japanese Ancestry and was 7 years old at the start of WWII. His entire family was placed in Internment Camp, even though he and his siblings was American citizen. His story is interesting and I recommend you read it in the Upland Host Lions Club Blog at <http://uplandhostlions.blogspot.com>. Other news of the club. They had two visitations at other lions clubs in the month of September, at the Ontario/ Upland Club and the Ontario Host Club. Several Donations were made to the Boy Scout Troop 614, Cub Scout Pack 614, Boy Scout Troop 201, and to the Upland's annual Scary Affaire on Halloween, for candy to be handed out by the Parks and Recreation Department for \$200.00 each recipient. The Lions Oktoberfest, featuring Bavarian food and drink, is to be held on October 24, 25, and 26 in downtown Upland and is sponsored by three lions clubs. They are the Upland Host Lions, Ontario / Upland Lions and Cucamonga District Host Lions are cooperatively sponsoring this project.

### WALNUT / DIAMOND BAR LIONS – as reported by Lion Christine Nagashima

Eight members of the Walnut / Diamond Bar Lions attend the open House event at Camp Teresita Pines on Sept 6 and had good time was had by all who attended. A Check of \$1,000.00 was presented to Teresita Pines to sponsor a cabin. This will be a 5 year commitment for a donation to sponsor the cabin. Other club activities involved the collecting 50 pair of eyeglasses from the Walnut Senior Center. And five club members attended the Hunting Beach Oktoberfest Event.

## DISTRICT 4-L4 ANNUAL MELVIN JONES DINNER WITH PIP BILL BIGGS

DATE JANUARY 10, 2015

TIME CHECK-IN & SOCIAL 6:30 PM

DINNER & PROGRAM 7:30 PM

COST \$60.00 PER PERSON

PLACE QUEEN MARY

1126 QUEENS HWY, LONG BEACH, CA 90802

RESERVATIONS ~ CONTACT IPDG SHEILA CASTEEL  
909-274-8838 OR [JANDSCASTEEL@HOTMAIL.COM](mailto:JANDSCASTEEL@HOTMAIL.COM)

MAKE CHECKS PAYABLE TO DISTRICT 4-L4 AND SEND TO  
9333 MONTE VISTA STREET, ALTA LOMA, CA 91701

**DEADLINE DECEMBER 30, 2014**



Lions Clubs International  
FOUNDATION

### FABULOUS FOOTHILL (CONTINUED).....

### DIAMOND BAR BREAKFAST LIONS – as reported by Lion Anne Sue

Diamond Bar Breakfast Club has been busy visiting other clubs: Ontario Host Lions, Walnut /Diamond Bar Lions, Stanton Lions, Korea American Lions, Mission Viejo Lions, and Cucamonga District Lions. They also attended the Hunting Beach Oktoberfest event. Other club activities involved the collection of 56 eyeglasses and made a \$25 donation for the Savanna Leo Club Charter of a new Leo Club.

### CHINO VALLEY LIONS – as reported by Lion Jack Thurlo

Chino Valley Lions Environmental Service Project is proving for road side cleanup of over a mile of roadway within the City of Chino Hills. This clean-up is performed through the club by one member; Jack Thurlo who is a Boy Scout Leader of Troop 220 and has the Troop helps with the monthly clean up. Jack and Troop has been doing this task for over 10 years. The club sponsors both the Boy Scout Troop 220 and the Cub Scout Pack 220. A donation was made to the Boy Scout Troop 220 for \$1,000.00. Great news, the Club added a new member this month, Mr. Rafael Noguera.



## OUTSTANDING ORANGE

Region  
Chairman  
Gary Denni

The season of fall has arrived and our thoughts turn to football, baseball playoffs, Halloween, and Thanksgiving. This is also the time for Lions to take advantage of the resources that LCI provides to assist clubs growing their membership.

The following brochures can be ordered from Lions International to help you club in membership growth.

- I AM a Lion – has information on what Lions do.  
Lions Make a Difference – this brochure has information on Lions Clubs various activities and a tear off membership application.  
Membership Application Brochure – the brochure gives information and cost of the various types of membership and an application
- Just Ask – has four step program on recruiting new members, there is also a section for membership development, team club growth, and new member questionnaire. In my opinion the new member questionnaire is the most important part of this brochure, it gives you the chance to find out what the new member is interested in, and can be a good source for new community projects. Let's face it, its service projects that keep new members active and interested in Lions and less likely to leave.

### ORANGE REGIONS EVENTS

**BUENA PARK LIONS** will be hosting Silverado Days on October 17<sup>th</sup> through 19<sup>th</sup>. Be sure to attend this event on the date that works for you.

**FULLERTON LIONS** had a successful Charity Putting Tournament on September 14<sup>th</sup>. Eleven members worked on the tournament and they raised \$1500.00 during the event. Congratulations.

**ORANGE LIONS** will have a CED Golf tournament on October 13<sup>th</sup> a High Tea & Fashion Show on October 24<sup>th</sup>, and Breakfast at Ronald McDonald House on October 5<sup>th</sup> 7 AM to 10:30AM

**CHAPMAN UNIVERSITY LIONS** their charter Night on October 18, 2014 from 5 PM to 9 PM at Chapman University Attallah Plaza. RSVP no later than October 13. The cost is \$25.00 per person. Make checks payable to Chapman University, memo line Chapman Lions Charter and send to 13082 Marcy Rancho Rd, Santa Ana, Ca. 92705. The dress code is jungle outfit.

**STANTON LIONS** will be working at the City of Stanton Halloween Party on October 25<sup>th</sup> from 12 Noon to 4 PM.

On October the 18, 2014 the **GARDEN GROVE HOST LIONS** will have the Bruce Beauchamp & Gregg Crawford Memorial Poker Tournament at 9860 Larson Ave. from 7 PM to 11 PM Admission is \$40.00

## TOP 10 LIONS CLUBS IN THE UNITED STATES

Rank	District	Club Name	Growth July '13 vs July '14	Aug 2014
1	2T2	Lubbock TX	-3.30%	314
2	2S2	Conroe Noon, TX	-3.50%	303
3	2S1	Lufkin Host, TX	-3.10%	287
4	4L4	Seal Beach, CA	31.20%	270
5	42	Narragansett, RI	-8.70%	261
6	2T1	Dumas Noon, TX	6%	245
7	26M7	Wardsville, MS	4%	231
8	11D1	Bay City, MI	-6%	203
9	2S3	Wimberly, TX	-2.4%	202
10	19G	Longview Pioneer, WA	-2.4%	196

CONGRATULATIONS SEAL BEACH LIONS!  
#4 IN THE U.S.A.  
CURRENT MEMBERSHIP AS OF OCTOBER 1, 2014  
**275**  
AND COUNTING!

### OUTSTANDING ORANGE REPORT (continued).....

In September the **SEAL BEACH LIONS** Took the ALS ice bucket challenge and they did it with salt water. The club also served dinner at Ronald McDonald House on September 14<sup>th</sup>, seven members served 30 people, and amassed 40 hours of service. The club also assisted in the N2Giving golf tournament, five Lions worked at the event and totaled 23 hours of service, and served 75 people. Six Seal Beach Lions worked on Graffiti cleanup and amassed 22 hours of service. On September 20, 2014 seven lions worked a total of 17 hours on beach cleanup along the mouth of the San Gabriel River. On September 5 – 7, five members along with Seal Beach Leos helped at the Seal Beach Art Festival. The members amassed 35 hours of service. The event brought in \$2,000, and about 500 hot dogs and brats were served. On Saturday September 7, 2014 five Seal Beach Lions worked at the Seal Beach Animal Care Center Support Event.

In September the **LA HABRA HOST LIONS** did several projects. Lion Randy McMillan and nine other Lions cleaned up an 87 year old window's yard to bring it back to city standards. Lion Lorna Badame and two other Lions donated blood and blood products to the City of Hope. Twelve La Habra Lions visited the Huntington Beach Lions at October Fest. The La Habra Lions also donated all food left over after the October Fest and donated the food to the Gary Center in La Habra. Thirty eight Lions worked on this project and served 30 people. Great job La Habra.



# Puerto Rico USA-Canada Leadership Forum

September 11-13, District 4-L4 Governor Gil and Barbara Smith, Second Vice District Governor Bob and Sharon Susaeta, and Past District Governor Norm and Jo MacKenzie traveled to the USA-Canada Leadership Forum in San Juan, Puerto Rico. For three days, they enjoyed training seminars, motivational speakers, meals with LCI VIP Dinner Hosts, entertainment, a festival, and inspiration from International President Joe Preston who led seminars, gave a keynote speech and led everyone energetically in song. It was very valuable and lots of fun. Over 1,800 Lions attended, and MD4 (California) won the plaque for most attendees even though they had to travel further than most.



The Smiths and Susaetas with PID Dr. Eugene and Rita Spiess at a banquet



Lions gather in the banquet hall for food, motivation and entertainment.



DG Gil and Barbara Smith with Table Hosts ID Dr. Steve and Marianne Tremaroli



DG Gil and Barbara Smith with International President Joe and Joni Preston



President Joe President gives an inspirational speech.



2VDG Bob and Sharon Susaeta enjoy the Puerto Rican Festival.



Festival at Antiguo Cuartel de Ballaja



Puerto Rican music and dancing entertained the Lions.



One of the "Big Head" characters during the entertainment





**LEADERSHIP CHAIRMAN  
IPDG SHEILA CASTEEL**

District Governor Gil is encouraging clubs to seize the opportunity to strengthen the pride through the Club Excellence Process (CEP). LCI describes CEP as “a fun, interactive process that brings members together to look at what your club is today and what it will be tomorrow. It gives you the tools to strengthen your service, improve club effectiveness and enhance your membership experience.” After the initial roll out, LCI now offers two ways for clubs to participate.

**CEP Lite** – A member of your own club can lead the workshop,  
**CEP Pro** – A trained Lion facilitator guides members through the workshop.

On September 20 the following Lions were trained as CEP facilitators and they are ready to help your clubs through the process.

<i>Gil Smith</i>	<i>Ken Myers</i>	<i>Bob Susaeta</i>	<i>Dave Stilwell</i>	<i>Diane Quinlan</i>
<i>Dave Hubbard</i>	<i>Sheila Casteel</i>	<i>Barbara Smith</i>	<i>Jerry McJunkin</i>	<i>Larry Rotweiler</i>

Now is a good time to start planning to attend the MD-4 Leadership Institute January 17 through January 19 in Ontario. This program offers training in skills long recognized in both business and government. Since this is in our own district, travel could not be more convenient. Kudos to the first registrant for this very worthwhile training ~ our own Lion Judy Barr. All the necessary details are included in the flyer found in this issue of the Forum.

*“Surround yourself with great people; delegate authority; get out of the way” Ronald Reagan*



## **2015 MD-4 Leadership Institute**

**January 17<sup>th</sup> to the 19<sup>th</sup>  
Ontario Airport Hotel  
Ontario California**

***Please register early as there is a pre-assignment to be completed. Register by January 10, 2015***

**LIONS LEADERSHIP INSTITUTE:** MD-4 Lions Leadership Institute focuses on building the skills of Lions leaders to prepare them for leadership responsibilities at the club, zone, region and district levels. There is a focus on applying many of the leadership skills long recognized in business and government to working with volunteers and the community. Qualified candidates are Lions in good standing who are active in their club or district leadership.

**COST OF THE INSTITUTE:** The cost to the attendee is \$250 for the weekend. The rest of the cost of the Institute is picked up by Lions Clubs International and Multiple District Four. This covers the meals, materials and a shared room at the hotel.

**APPLICATIONS:** Lions who meet the qualifications may apply. If you are interested in attending, applications are available from your District Governor or you may download an application from the MD-4 website [www.district4L4.org](http://www.district4L4.org).

**REQUIREMENTS:** All attendees agree to do the pre assignments and to attend all of the classes

**AREAS OF EMPHASIS:** Some of the areas covered in the course work are Change Leadership, Presentation Skills, Diversity, Conflict Resolution, Supporting Teams, Project Management, LCIF, Communications, Technology & Lions, Effective Meetings, Mentoring, and Membership.

**DRESS:** The dress is casual. Please wear comfortable clothes to the classes. Business attire is appropriate for the graduation dinner on Sunday evening.

**STARTING TIME:** We start at 9 a.m. on Saturday morning. Some students may want to come in on Friday evening. You can do that at your own expense. We have a group rate that you may use. All sessions start on time. Training ends Monday at noon. You need to make all of the session.



# Huntington Beach Host Lions

## 10th Annual Laughlin Weekend Excursion

November 7th, 8th and 9th

Get ready for our annual Laughlin trip:

- \$135 per person based on double occupancy, \$175 for singles.
- Includes bus to and from Laughlin (drinks, snacks & tips included)
- 2 nights stay at the fabulous Aquarius Hotel Casino

## 9th Annual Laughlin Golf Tournament

(Additional Cost)

Saturday November 8th

### Pickup & Drop Off (FREE PARKING)

Huntington Beach Sports Complex  
18100 Goldenwest St. Huntington Beach, 92647  
Bus Pickup 9:00AM Friday November 7th  
Bus Return 5:00PM Sunday November 9th  
Parking pass will be provided. Please indicate number of cars you'll be leaving in #7 in the form below.

Questions: Call or email Eric Halsey  
ehalsey@socal.rr.com  
949-296-5389

NO REFUNDS AFTER OCTOBER 1, 2014  
Last Day to signup October 1, 2014

Fill Out and Return Form Below with Payment

1) How many singles?	<input type="text"/>	x \$175	2) Sub-total =>	<input type="text"/>
3) How many doubles?	<input type="text"/>	x \$270	4) Sub-total =>	<input type="text"/>
6) Attendee Names	<input type="text"/>			
7) How many cars?	<input type="text"/>	How many cars will you be leaving at the pickup location?	<input type="text"/>	
8) Number of golfers?	<input type="text"/>	How many in your group will be playing golf on Sat?	<input type="text"/>	
9) Email & Phone	<input type="text"/>			

Send checks to  
Eric Halsey  
16292 Arlington Lane  
Huntington Beach, CA  
92649

Make checks out to HBH Lions Club

Last day to signup October 1, 2014  
NO REFUNDS AFTER OCTOBER 1, 2014



**MEMBERSHIP CHAIRMAN  
DAVE HUBBARD**



Congratulations District 4-L4! We have a plus 33 members for the first 2 months of this Lions year. This is after the drops have been accounted for. Reports from a number of clubs in the district indicate that we will have another growth month in September. With October being Lions Membership Month, let's keep up the great job you are doing and let's try to retain those members we have. It's easier to retain a member that to find a new member to make-up for the one you lost.

Currently you GMT Committee are working on new clubs in Laguna Beach, Irvine, LaVerne-San Dimas. Also in the works are possible clubs at Cal Poly Pomona, the Claremont Colleges, and Santa Ana. We are also looking at Fountain Valley, Montclair, and San Clemente for new club growth.

Some of you have received calls and e-mails about prospective new members. These are based on interest forms received at LCI. They are sent to the MD-4 GMT and then to the district. If you receive a call or e-mail, please follow up. These are individuals that are interested in becoming Lions. Let's make their wish come true.

In looking for new service projects that may provide new members, be creative. If a club is small, take on a project that is within your ability to achieve. An example would be White Cane Days. If your members are older, think about conducting service projects they can achieve. For instance, helping to register individuals for a charity walk or run. Larger clubs can be more flexible in the projects they undertake. Most importantly, when you talk to individuals, invite them to a meeting as your guest. New members that join your club are more likely to invite their friends and family when they join under these circumstances.

International President Joe Preston is asking all Lions to "ASK 1". The Stanton Lions are having a meeting in October where they are asking every member to "ASK 1". They are doing this in conjunction with the cities designation of October as Lions Month. Maybe this is something that you can try.

Let's make October the best month for membership growth in our district. It's up to you. Your GMT committee is available to help you prepare for growth. All you have to do is ask. "JUST ASK!"

# Stanton

## HALLOWEEN FUN WITH FAMILY AND FRIENDS

Come on out for a spooktacular event for all ages!

- Games
- Costume Contests
- Entertainment
- Crafts
- Non-profit Food Booths
- Spooky Stories



PROUDLY SPONSORED BY  
THE STANTON LIONS CLUB

**12 - 4 PM  
SATURDAY  
OCTOBER 25, 2014**

Stanton Park, 7800 Katella Avenue

For additional information, call  
(714) 890-4270



# Governor's Fundraiser

What a wonderful night the Governor's Fundraiser was! Approximately 100 Lions celebrated and partied together at Pete's Ponderosa Ranch in Yorba Linda on Saturday evening, September 27 to raise money to help defray some of the expenses of serving as District Governor. They ate delicious food catered by Le Biarritz and served by the Newport Beach Hawaiian Lions, listened and danced to great music by Rick Lobos and the Gentlemen's Club, visited with District 4-L4 friends, won raffle prizes, and bid on Silent and Live Auction Items. PDG PJ Smith introduced the Fireball Shoot Out by blazing through the double doors like a western gunslinger. After a lively Fireball drawing for raffle prizes, Vice District Governors Ken Myers and Bob Susaeta poured Fireballs, and PDG PJ led the Lions in a toast to Governor Gil Smith and his year.

Later in the evening, IPDG Sheila Casteel, who organized the event, began the Governor's Dollar Dance, and Lions lined up to dance with Governor Gil. In a moment very special to Gil, members from his home club, the Pomona Host Lions, came up front to present him with a special gift. It was a large shadowbox with over 60 pins of international presidents, past district governors, clubs in our district, Lions Rose Parade floats and the current governors of other districts in the state. The shadowbox was made by PDG PJ Smith, who sold it at the price that it would have fetched at the fundraising auction. Toward the end of the party was the moment for which many were waiting—the drawing for the beautiful 24" x 24" "Tri-Tulip Minuet" stained glass window made by PJ. The winner was a very lucky Ofelia Hanson of the La Habra Host Lions.

## Good Food, Music, Drink and Friends



Jennifer Kelder and ZC Diane Quinlan check in attendees.



Jack Tanaka, Cindy Kleczko and Wanda Tanaka greet arrivals.



The band plays music for dancing and enjoyment.



Harbor Mesa shows its line dancing prowess.



Region Chairs Carol Proctor and Dave Stilwell offer beverages.



Newport Hawaiian Lions serve the delicious lasagna dinner.



# Governor's Fundraiser page two

## Camaraderie among Lions



## Toast to Governor Gil and a Great Year



A toast!



PDG PJ leads  
Fireball toast.



PDG PJ and Steve Christy  
during Fireball Toast



2VDG Bob pours  
Fireball for Shari.



# Governor's Fundraiser page three

## Some of the Raffle and Auction Prizes



## Governor's Dollar Dances



## Home Club Gift



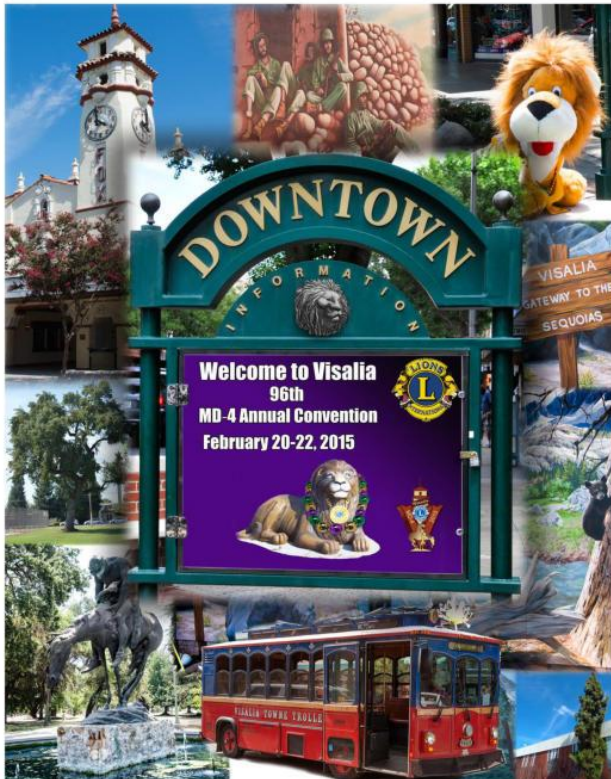
## Yellow Lit Road



## More Dancing







*Dear Fellow Lions:*

*The Lions of District 4-A2 along with the 6 Lions Clubs in Visalia, proudly welcome you to Mardi Gras, the 96th Annual MD4 convention in Visalia, CA on February 20-22, 2015. The City of Visalia was founded in 1852. Mayor Steve Nelson describes Visalia as having "A small town atmosphere balanced with a mix of professional office spaces, unique boutiques, culturally diverse restaurants, and entertainment venues for all ages." Visit our MD-4 Convention website often, where you can explore all convention events, schedules and entertainment along with the latest convention news.*

*We'll See you at the Mardi Gras!*

## **2015 96<sup>TH</sup> MD-4 ANNUAL CONVENTION** **February 20, 21<sup>st</sup> and 22<sup>nd</sup>** **VISALIA CALIFORNIA**

**HOTEL RESERVATIONS CALL: VISALIA CONVENTION AND VISITORS BUREAU (800) 524-030**

**HOTEL HEADQUARTERS: VISALIA MARIOTTE 300 S. COURT STREET, VISALIA 93291**

**GROUP CODE: MD4 LIONS**

**CONVENTION REGISTRATION FORM AVAILABLE AT: <http://convention.md4lions.org/>**



**Brea Lions run the Beer & Wine  
Garden Booth at the Brea Jazz Festival**



***Lion's Holiday Ornaments and Gifts***  
**available at the Lions Store**

**<https://www2.lionsclubs.org/s-135-holiday-ornament.aspx>**



# City Snippets

For another installment of City Snippets, here is an article from

## CITY OF HOPE

EHope newsletter.

District City of Hope Chair, Lion Lorna Badame

Cancer Insights:  
Urologist Bertram Yuh

### Prostate Cancer Risk



*Bertram Yuh, M.D., assistant clinical professor in the Division of Urology and Urologic Oncology at City of Hope, explains the importance of understanding the risk factors for the disease and ways to reduce those risks, as well as overall prostate health.*

Bertram Yuh, a urologic cancer expert at City of Hope, explains prostate cancer risk factors and how to reduce them. "What are my prostate cancer risks?" That's becoming a more common, and increasingly important, question. A lot of men wonder what can be done to prevent or reduce their risk of prostate cancer. The good news is, there's a lot of research being conducted in this area regarding risks and influencing factors. We already know there are racial predilections, such as, that African-American men are more likely to get prostate cancer and that, when they're diagnosed, the cancer tends to be more aggressive. We also know that prostate cancer is less common in Asian-American and Hispanic men.

Further, while prostate cancer is certainly more common in older men, there is some recent clinical literature that states prostate cancer in younger men can be more aggressive. It is quite possible for a 47-year-old and a 77-year-old to have prostate cancers that behave differently. I can't treat every patient the same way just because their prostate-specific antigen (PSA) or Gleason grades look the same. In my role as a urology oncologist, I need to look at the whole patient.

Diet does play a role in the development of prostate cancer. Studies suggest that diets heavy in red or charred meats or very fatty meats likely increase the risk of prostate cancer. Unfortunately, the Westernized diet tends to favor these types of food, which is one reason we see such a high amount of prostate cancer here, as opposed to the rates in countries such as China, where people historically have consumed less animal protein and more plant-based foods. Family history is also a risk factor. Men who have a first-generation relative, such as a brother or father with prostate cancer, have an increased risk of developing prostate cancer themselves.

There is a lot of information out there on prostate cancer risk, as well as many myths, questions and subjects of debate. Some people maintain that different vitamins and supplements, or certain diets, can prevent or increase the risk of prostate cancer. It's important to keep in mind that a lot of this information has not fully panned out yet and is still being studied. For example, some research suggests that a high amount of vitamin E might be harmful, increasing the risk of prostate



## UPCOMING SIGHT CLINICS

11-Oct	Pomona
19-Oct	Oxnard
25-Oct	Montebello
8-Nov	Barstow
15-Nov	West Covina
2-Nov	Imperial Valley
6-Dec	Rancho Cucamonga
13-Dec	Apple Valley

cvcvFor more information to volunteer  
[www.californialionsfriendsinsight.org](http://www.californialionsfriendsinsight.org)

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cancer. Other studies suggest that tomatoes, or the lycopene found in tomatoes, and selenium might help prevent prostate cancer.

Again, the data haven't been well studied enough to recommend these foods on a wide-scale basis. Our best recommendations are to exercise regularly, eat healthy, limit red or charred meat, and consume all things in moderation.

More often than not, men are guilty of *not* going to the doctor when something is wrong, or even for regular health check-ups. A common issue among men is urinary problems, such as a weakened urinary stream, blood in the urine, intermittency of urinary stream, a frequent need to urinate and having to repeatedly get up at night to use the bathroom. Urinary problems aren't anything to be extremely concerned about, but they should warrant an evaluation by a urologist, who would be more likely to test for prostate cancer than a primary care doctor. Unless men get evaluated, there's no way to determine whether urinary issues are being caused by an enlarged prostate or by prostate cancer. Enlarged prostates and the related symptoms are common in aging men, and they don't necessarily mean there's anything insidious in the background, such as prostate cancer. Simple evaluations can detect both urinary issues and larger problems before they progress, so I encourage men not to neglect their symptoms.

# DISTRICT 4-L4 CALENDAR

## 2014

October 3-5	Tustin Tiller Days
October 17	Harbor Mesa Casino Night
October 18	Garden Grove Lions Club Poker Tournament
October 18	Chapman University Charter Night
October 23-26	Council of Governors Meeting – Fairfield
October 25	Stanton Halloween Family & Fun
November 1	Cabinet Member Meeting (Cabinet Members only)
November 8	Upland Host Lions Club 90 <sup>th</sup> Anniversary
November 7-9	Huntington Beach Host Lions Laughlin Trip
November 15	District Meeting

## 2015

January 10	Cabinet Member Meeting (Cabinet Members only)
January 10	Melvin Jones Dinner
January 24	District Meeting
January 17-19	MD-4 Leadership Institute – Ontario
February 18-19	Council of Governors Meeting – Visalia
February 20-22	MD-4 Convention – Visalia
February 22	Club Student Speakers Contest Deadline
February 14-16	MD-4 Leadership Institute – Sacramento
March 14	District Leo Talent Show
March 23	Foothill Region Meeting
March 24	Saddleback Region Meeting
March 25	Orange Region Meeting
April 11	Cabinet Member Meeting (Cabinet Members only)
April 18	District Meeting
May 2	Orphanages of Thailand Fundraiser
May 14-17	District 4-L4 Convention – Pala Mesa Resort
June 4-7	Council of Governors Meeting – San Jose
June 6	MD-4 Student Speakers Final