

4-L4 FORUM

The Official Publication of California Lions District 4-L

"Answer the Call to Service"

A Message from District Governor Ken Myers



A lot has happened in the month of August. The Governor's team visited 7 clubs and inducted 11 new members for a total of 54 new members in the first two months of the 2015 – 2016 year. The Global Membership Team (GMT) is moving with starting up of a new club in Laguna Beach. The Global Leadership Team (GLT) held an orientation for the Orange Country Costa Rica Club with 60 people signed up. PDG Albert R. Montes De Oca from District 4-L2 is from Costa Rica and helped run the orientation.

There were several Zone meetings. Some Zone projects are being planned. California Friends in Sight (CFIS) held an event in the Foothill Region. 1st Vice District Governor Bob Susaeta and myself attended District A-1's 2-day meeting in Turlock .

The district picnic is still being planned. If anyone has some good ideas please contact your Region Chair. The Centennial Service Challenge is at 40 Million acts of service completed so far. Lion Jerry McJunkin, the Environmental Chair has several Projects and ideas that clubs could use. Contact him. E-mail: <u>lionjerry@outlook.com</u>. Contact California Friends in Sight and join an event. Contact Lion Larry Williams E-mail: <u>retiredpinman@verizon.net</u> to volunteer.

Your District GMT, GLT, Governor and 1st & 2nd Vice Governors are always ready to help. Remember to "Answer the Call to Serve" with Dignity Harmony and Humanity in mind.



A Message from 1st Vice District Governor Bob Susaeta

The year our District is off to a great start. As of 8-27-15 we have inducted 54 new members. WOW! Way to go all of you hard working Lions and Clubs. The membership for our District as of this date is 1,328 and climbing. Total membership for International is at 1,378,000 with 46,000 clubs in 210 countries.

Our International President Dr. Jitsuhiro Yamada states that one of the great challenges we face as Lions is the growing need for humanitarian service. He states that to increase our capacity to serve we have to continue to build our membership. One of the quickest ways to do this is by chartering new clubs. Our District has a couple in the process now and they should be on board by the fall of this year. Another thing that we could consider is starting "BRANCH CLUBS". It only takes a minimum of 5 members including a President, Secretary and Treasure to form one. I am sure we call have small special interest groups in our areas that could be interested in joining us. "JUST ASK". Something to think about.

As we continue to grow we need to focus of developing new leaders for our clubs and District. These ideas and many that I am sure you all have are things that could and should be discussed at your Zone meetings.

My closing thought; "You may not be able to change your destination overnight, but you can change your direction overnight".

2015-2016 DISTRICT 4-L4 CABINET

	<u>District Go</u> Ken M		
<u>1st Vice District Governor</u> Robert "Bob" Susaeta			2 [™] Vice District Governor Judy Barr
<u>CABINET SECRETARY</u> Diane Quinlan			<u>Cabinet Treasurer</u> Gary Denni
Foothill Region Chairman Martha Hebert		GION CHAIRMAN COTTWEILER	Saddleback Region Chairman Tom Hollister
Foothill Zone A Chairman Steve Lacey Foothill Zone B Chairman Mike Shaw Foothill Zone C Chairman Sergio Gonzalez	<u>Orange Zone A Chairman</u> Elizabeth Stevens <u>Orange Zone B Chairman</u> Marc Poli <u>Orange Zone C Chairman</u> Camille Romano		SADDLEBACK ZONE A CHAIRMAN DEBBIE KARLSON SADDLEBACK ZONE B CHAIRMAN CATHRYAN WALTERS SADDLEBACK ZONE C CHAIRMAN MILAN STEIJN
GLT COORDINATOR SHEILA CASTEEL	Public Relatio Carol V/		Immediate Past District Governi Gil Smith
GMT Coordinator Steve Christy	Assist. P.R. Chairman Jack Tanaka		DISTRICT WEBMASTER CHAPMAN LIONS CLUB CHAPMANUNIVERISTYLIONS@GMAIL.
DISTRICT PHOTOGRAPHER LOU ALFONSO	District Chaplin Barbara Hayward		DISTRICT NEWSLETTER EDITOR PDG Ellen Liebherr Meliebherr@verizon.net
Assistant Photographer Loyce Mejias	<u>Assistant</u> Dan N		
	District Fund to b Our Distric	enefit Myers	9
SATU	JRDAY, SEP	TEMBER 26,	2015
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Pleas 1120 Se	e send checks eneca Place, D	' or C: 909-802- ; payable to Gil Diamond Bar, C/ dline: Septembe	Smith, A 91765.
A COM	this this	s generously supp fundraiser for rnor Ken!	ore



A Message from 2nd Vice District Governor Judy Barr

I'm excited to say your District Officers have been busy visiting many clubs these past two months. It's great to get reacquainted with members and meet the new Presidents and leaders of our clubs. I cannot believe it's September! Kids are back in school and now it's time for Lions to head back to school, too. LCI offers one of the best training seminars in the country, and it's right here in Ontario, CA. The LIONS LEADERSHIP INSTITUTE is now accepting registration for any Lion who is willing to attend. The cost of \$300 includes two nights hotel plus three meals per day. You will learn how to become an effective leader within your own club and be able to share stories and experiences with other Lions from our District and across the state of California. I guarantee that when you graduate from the institute, you'll be energized and excited to bring back new ideas to your club. The dates are January 16-18, 2016. But don't wait, the class could fill up and you'll miss out. You can find the registration form online at www.md4lions.org.

For the next two or three months I will continue to sell Rose Parade Float clothing, pins, and raffle tickets. Right now the hot ticket items such as t-shirts and Polos are going quickly. However, soon I think the weather will change and you'll want to be the first to wear a hoodie sweatshirt. I have a full supply of both, plus plenty of raffle tickets for a chance to win a one-night hotel stay on December 31 and two grandstand seats to watch the parade live and in person. If I haven't been to your club yet to show you my supply, please just give me a call to order items over the phone. I'll be happy to mail or deliver them to you guickly. What a great way to show our California Lion Pride!

You all are doing a great job in being leaders in our communities! Keep up the good work! Remember, "Walk with Purpose, Live with Passion, and Serve with Pride!"

GOVERNOR'S VISITATION SCHEDULE

Sept 9 W	ednesday	12:00 pm	Stanton
Sept 15 Tu	lesday	6:30 pm	Buena Park
Sept 21 M	onday	6:30 pm	Upland Host
Sept 24 Th	ursday	11:30 am	Santa Ana Host
Oct 1 Th	ursday	7:15 am	Costa Mesa Orange Coast
Oct 6 Th	ursday	12:15 pm	Tustin Host
Oct 15 Th	ursday`	7:00 pm	Huntington Beach Host
Oct 22 Th	ursday	6:45 pm	Ontario Host
Oct 27 Tu	iesday	7:00 pm	Placentia Linda
Nov 18 W	ednesday	6:30 pm	Newport Beach Hawaiian



Student Speaker Foundation

Thank you to all the Clubs and individuals in District 4 L4 the goal of \$7,500 requested by the Foundation (so that they can continue to provide scholarships to the contestants was met). Our District donated **<u>\$7,581.00</u>**.

Starting off this year Thank you **Huntington Beach Host Lions** for your \$500 check to the Foundation. Harbor Mesa, Huntington Beach Host and Tustin Host Lions for donating your used ink cartridges.

I will continue to collect Ink Cartridges at Region and District Meetings. The Foundation no longer accepts cell phones.

As you start your new Lions years please consider the Student Speaker Foundation when your club or you as an individual think of making a contribution to the many worthy charities that you can give to.

Thank you, Lion Carol Linehan District 4 L4 District Trustee 2015-16

District Cabinet Secretary Diane Quinlan

September is the 3 Region Meetings. Please make sure to RSVP on time.



I am happy to see so many club activities from pancake breakfast to reading with the youth and purchase of a wheel chair. What a great group district 4L4 is. Please make sure to support your fellow lions clubs at their events if possible.

Secretaries if you have any questions on reports please don't hesitate to contact me. Don't forget you need to report your MD4 and 4L4 dues payment and all club donations on your activity report along with all your meetings.

I hope to see a lot of you at the DG Fundraiser for some of the three "F's" FUN and fellowship - so come on out and let's have fun.



Saturday, September 12th 9am to 3pm

The Lions Camps at Teresita Pines invites you to their Open House & Recognition Day 2015.

Bring the family for a day of fun, food, friends, and awards. Enjoy swimming, rock wall climbing, and archery. Shuttles are available all day long between the camps.

> Breakfast 9am, lunch 12 noon. The day is over around 3-4pm.

800.585.3245 info@campteresitapines.org Call for availability for overnight accommodations.

Lions Float Memorabilia

\$20-\$22	Tee Shirts
\$50-\$53	Zippered Sweatshirts w/Hood
\$35-\$38	Golf Shirts
\$24	Embroidered Cap
\$18	Tote
\$10	Lapel Pin
\$100	Donor Patch

See 2nd VDG Judy for more information



ORANGE REGION MEETING

MONDAY SEPTMEBER 28, 2015

Khourys Restaurant 110 Marina Drive, Long Beach, CA 90803

Cost: \$18 per Person **Registration Starts 6:00 PM** Dinner & Meeting 6:30 PM

Please send your reservation by September 13th \$20 after 09/14 or NON-Registration

Club Name:

Number Attending: _____ Amount enclosed: __

Make checks payable to District 4-L4. Please send the names of those attending on the back of this form. Please send payments to Diane Quinlan, Cabinet Secretary: 9206 La Paloma Ave, Fountain Valley CA 92708.

Email: mrsquinlan@hotmail.com



SADDLEBACK REGION MEETING

TUESDAY SEPTMEBER 22, 2015

COSTA MESA COUNTRY CLUB 1701 GOLF COURSE DR, COSTA MESA, 92626

> Cost: \$22 per Person **Registration Starts 6:00 PM** Dinner & Meeting 6:30 PM

Please send your reservation by September 13th \$25 after 09/14 or NON-Registration

Club Name:

Number Attending: _____ Amount enclosed:

Make checks payable to District 4-L4. Please send the names of those attending on the back of this form. Please send payments to Diane Quinlan, Cabinet Secretary: 9206 La Paloma Ave, Fountain Valley CA 92708. Email: mrsquinlan@hotmail.com



FOOTHILL REGION MEETING

TUESDAY SEPTMEBER 29, 2015

COOPER REGIONAL HISTORY MUSEUM 217 E. A STREET, UPLAND, CA 91786

Cost: \$15 per Person **Registration Starts 6:00 PM** Dinner & Meeting 6:30 PM

Please send your reservation by September 13th \$20 after 09/14 or NON-Registration

Club Name:

Number Attending: _____ Amount enclosed: _

Make checks payable to District 4-L4. Please send the names of those attending on the back of this form. Please send payments to Diane Quinlan, Cabinet Secretary: 9206 La Paloma Ave, Fountain Valley CA 92708.

Email: mrsquinlan@hotmail.com

2015 / 2016 STUDENT SPEAKER TOPIC

LIBERTY AND JUSTICE FOR ALL WHAT DOES IT MEAN TO YOU.

DON'T FORGET TO ORDER YOUR CLUB PACKET BY OCTOBER 1ST TO AVOID A \$25 FEE

ORDER FROM WWW.MD4LIONS.ORG

There will be a Student Speaker Contest Chairperson meeting prior to the November District Meeting.

Please make sure to attend as there have been some changes to the rules.

Scott Quinlan Student Speaker Chairperson 714-200-3964





You are invited to the Orange County Ronald McDonald House To Help with Trunk or Treat

When: Friday October 30th-6:00 PM-8:00 PM

Where: OC Ronald McDonald House—300 S. Batavia Street—Orange, CA 92868

Next Door to the house In their Orange Tree Lot

Some in Costume

WE NEED :

- 1. Decorated Cars or Trunks with Candy, Treats and an Activity
- 2. A Popcorn Machine, Popcorn and Volunteer(s) to serve the popcorn
- 3. Candy Apple Table with Volunteer(s) to serve
- 4. Balloon Artist
- 5. Craft Table and Volunteers to Supervise the Crafts
- 6. Donations for Candy/Treats or for Car Decorations







If you can help with any of the above please contact: Lion Brenda Donahue—Phone 714-673-6394 Email—hueadon@yahoo.com <u>RSVP NECESSARY TO PARTICIPATE</u>—PLEASE RSVP TO BRENDA BY OCTOBER 1ST



Huntington Beach Host Lions

11th Annual Laughlin Weekend Excursion November 6th, 7th and 8th

Get ready for our annual Laughlin trip:

- \$140 per person based on double occupancy, \$180 for singles.
- · Includes bus to and from Laughlin (drinks, snacks & tips included)
- 2 nights stay at the fabulous Aquarius Hotel Casino

10th Annual Laughlin Golf Tournament

(Additional Cost)

Saturday November 7th

Signup and Pay Online

Questions: Call or email Eric Halsey ehalsey@socal.rr.com 949-296-5389

http://tinyurl.com/hbhlaughlin

http://tinyurl.com/hbhlaughlin Click or type in the address above in your browser to signup and optionally pay online. You will receive a confirmation email once we've received your payment.

NOTE: Instructions for paying via snail mail are provided at that address as well.

Pickup & Drop Off (FREE PARKING)

Huntington Beach Sports Complex 18100 Goldenwest St. Huntington Beach, 92647 Bus Pickup 9:00AM Friday November 6th Bus Return 5:00PM Sunday November 8th Parking pass will be provided.

Last day to signup October 1, 2015

Mission Viejo Lions Club A chartered club of the International Association of Lions Clubs District 4-L4 Saddleback Region

YOU ARE INVITED TO OUR OCTOBER FEST EVENT!

DATE: SATURDAY OCTOBER 10, 5:00pm-9:30pm

Please join us at the beautiful Lawson Family Homestead located at the foot of Saddleback Mountain as we taste a variety of beers, and enjoy a unique German October Fest meal including genuine Bratwursts from Mattern Butcher's shop in Orange. Wine will also

be served for the more sophisticated guests of this Fest.

Please RSVP via email to <u>msteijn1965@icloud.com</u> or your favorite Lions Club member.

The Lawson residence address is: 27871 WILLIAMS CANYON RD. SILVERADO, CA 92676

We will serve a delicious October Fest meal, along with Beer Tasting. There will be excellent Silent Auction items as well.

Price per ticket is \$40/person payable by check or cash at the time of the event. Please make your check payable to <u>MV Lions Club</u>:

Do not hesitate to invite any friends you wish to bring, just make sure to let us know since the event has limited attendance.

The Lions Club Organization is the largest service organization in the world. It consists of 1.4 million members in 209 nations/areas. This international organization has four major objectives:

- 1) Give Sight
- 2) Support Youth
- 3) Provide Disaster Relief
- 4) Meet Humanitarian Needs.





The Ontario Upland Lions Club Invites you to join us for a fundraiser dinner

At Outback Steakhouse, Ontario Mills

November 9, 2015

4 to IO PM

\$25 each

For Dine in or Take Out Tickets on Sale Now



Each Table receives a Bloomin' Onion Your Choice of House Salad or Soup Your choice of 7 oz Sirloin Steak Grilled Chicken Breast Grilled Fillet Salmon or No Rules Parmesan Pasta

15

Your purchase of a ticket is your reservation for the evening Payments must be received no later than November 4, 2015 For Ticket and details contact by phone:

Lion Elizabeth Warren 909 941-0604 or Lion Terese Ganser 909 980-3414 By email dougalwest@aol.com or tcganser@outlook.com Proceeds to support Lion Charities

UTBACK

4492 Ontario Mills Prkwy Ontario, CA 91764



Orange Region Report Chairman Larry Rottweiler

A guy is driving around La Habra and he sees a sign in front of a house: "Talking Dog for Sale." He rings the bell and the owner tells him the dog is in the backyard. The guy goes into the backyard and sees a Rottweiler sitting "You talk?" he asks. there "Yep," the Rottweiler replies. "So, what's your story?" The Rottweiler looks up and says, "Well, I discovered that I could talk when I was pretty young. I wanted to help the government, so I told the CIA about my gift, and in no time at all they had me jetting from country to country, sitting in rooms with spies and world leaders, because no one figured a dog would be eavesdropping. I was one of their most valuable spies for eight years running. But the jetting around really tired me out, and I knew I wasn't getting any younger so I decided to settle down. I signed up for a job at the airport to do some undercover security wandering near suspicious characters and listening in. I uncovered some incredible dealings and was awarded a batch of medals. I got married, had a mess of puppies, and now I'm just retired." The guy is amazed. He goes back in and asks the owner what he wants for the dog.

"Ten dollars," the guy says.

"Ten dollars? This dog is amazing. Why on earth are you selling him so cheap?" Because he's a damn liar. He never did any of that stuff."

Governor Ken has asked all of the Regions to have a Health Fair and we are asking for all Clubs to send us ideas for a successful Health Fair. We are also setting up a regional picnic let me know how you would like to help. Congratulations to all three Zone Chairs and their clubs for having their first Zone meetings. All were very well attended by their clubs and we are off to a very positive start. It is fun to have so many positive people with great ideas getting together to help those in need. Thanks for all you do!!!

Elizabeth Steves, Orange Region Zone A Chair

LA HABRA HOST

Over 80 Lions and 25 Leos helped to have a very successful Corn festival. The La Habra Queen and her Court helped the lions sell tickets for a new Fiat. At the end of the Festival, the Queen drew the winner of car, a local La Habra Resident. The Lions created a float to ride down the parade route advertising Lions and promoting membership. During the Corn festival, the City of Hope Blood mobile collected blood donations from the residents of the city. The Lions had a social event traveling by bus to Del Mar for a day at the races.

ORANGE COUNTY KOREAN

The OC Korean Lions held a golf fundraiser to help support local charities in the community. All Lions helped and over \$670 was donated.

FULLERTON LIONDS

The Fullerton Lions have been very busy sponsoring a discussion about "Common Core". The club supports two Leo clubs at Sunny Hills with over 65 Leos and Troy with over 80 members.

CAL STATE FULLERTON LIONS

The CSUF lions have submitted their first activity and membership report. CJ Lee donated 6 hours in helping work at the Corn Festival. Congrats to our new club!

Marc Poli, Orange Region Zone B Chair

The Zone B meeting took place on 08/26/15 at the El Costa Rica restaurant (on Lincoln Blvd.), the meeting place of the O.C. Costa Rica club. Three clubs announced an increase in membership for the month of August (Anaheim, Buena Park and Costa Rica), with more to come in September.

ORANGE LIONS

The Big event for early September will be the Orange Street fair for Labor Day (09/5-6/15). The Orange Lions will be operating a booth with the help of many Lions clubs.

ANAHEIM LIONS

Anaheim stated that they will be starting the month by assisting The Orange Lions club, then, will be hosting their own "Putt Putt" (minigolf) tournament at "Camelot" on 09/19/15. Needless to say; they issued a challenge to all Lions-AND Leo clubs. The newest club of the zone,

CHAPMAN UNIVERISITY

Chapman University will be breaking its hiatus with a Pizza Fundraising, and a Freshman Orientation program. The O.C. Costa Rica club will be helping the elderly, and contributing to an orphanage in Costa Rica. Finally, The Buena Park club, has found time to host pancake breakfasts for the local "Peanut League", and Savanah High School while preparing for Silverado Days. They also participated in a Health fair for seniors.

Camille Romano, Orange Region Zone C Chair

STANTON

The Stanton Lions participated in National Night Out on August 4th. This was a big hit in their community. Stanton reported they sponsored the food booth and served a hot dog meal to about 400 people. The Stanton Lions presence was very much appreciated.

GARDEN GROVE

On the August 15th weekend, Garden Grove Lions, along with the help from members of the Garden Grove Neighborhood Association (GGNA), pitched in to "beautify" the club's clubhouse. Four months earlier the GGNA donated \$700 to the club to help with this project. A little history of this club, for those who don't know, is that this clubhouse has been in the same location since the 1970s, and is in serious need of some TLC. The club's plan is to renovate the clubhouse during the next year so it will have an easier time renting out the facility for meetings or banquets. Garden Grove's membership is currently at 40 members. Renting out the facility will provide the club with more money to in turn give back to the community. It was a fun day for Lions, and according to all reports, it was fun for the Neighborhood Association members as well.

SEAL BEACH

On October 25, 1915 the City of Seal Beach was incorporated. In one of many celebrations to commemorate the City's 100 year anniversary, a Centennial beach party was held on Saturday August 22. Six Lions, 10 Leos, and almost 500 hot dog meals were served at this great event chaired by Lion Barbara Wright. Seal Beach Lions has donated a clock to the City in honor of its anniversary which will be located at the foot of the pier. The Lions name is in the center of the clock amid the centennial bricks. The club's Military Affairs Committee (MAC) held a clothing drive for veterans. Items donated extended to some household goods and included casual, business, and children's clothing. The committee also worked with personnel from the Naval Weapons Station and helped run a BBQ and activities luncheon at the bases beach house on Friday, August 21. Last but not least, the club's "Lion of the Year" Adriana Ziegenbusch was advised of a need for a wheelchair for little girl in Mexico in order for her to attend school. No sooner had Lion Adriana put the word out when she received a call from Lion Shani-Rae Ericksen who had secured a brand new wheelchair from a contact of hers. Lion Adriana traveled to Tijuana on August 13th and presented the chair to Ensenada Lions President Horacio, who then presented the chair to this child on the first day of school. Our special thanks goes out to these two Lions.



Foothill Region Chairman

Martha Hebert

The Foothill Region is busy planning for their Health and Wellness Fair, teaming up with the LifeWay Church in Rancho Cucamonga on Saturday, September 19, 2015 from 9:00 until 2:00 pm. The address is 7477 Vineyard Ave., Rancho Cucamonga 91730 (across the street from Red Hill Park). We will be providing the Sight and Hearing Van and recruiting Lion Volunteers from every club in all three zones to assist in the many areas of service. Some of the areas of service will be Eye Exams, Blood Pressure Check, Blood Sugar Testing, Diabetic Foot Exams, Dental Exam, Breast Cancer screening and much much more. We are fortunate to have San Joaquin Valley Community College and Western U in our Lions family in this area who readily jumped in to offer their support.

Steve Lacey, Foothill Region Zone A Chair

ZONE A – is busy getting their first fundraiser of the year. There will be a Pancake Breakfast at Appleby's in Montclair on Saturday, October 17, 2015 so SAVE THIS DATE as more details will follow.

CUCAMONGA DISTRICT HOST reports that they are working hard to earn the Centennial Challenge for 2017. They are working on Disaster Preparedness Relief and attending local Chamber Meetings for community and culture. This club continues to collect glasses for recycling. They had several members who volunteered at CLFIS Vision Screening serving 291 clients. Continue to keep Lion Steve Lacey in your prayers; he says he need a few more weeks of rest.

ONTARIO UPLAND LIONS – is reporting that they are continuing their 2017 Centennial Challenge with project dealing with the four categories. There are lots of recycling plastic bags, folding, cutting and finally crocheting the mat for homeless, distribution of food to feed the hungry. There are some members busy knitting hats for newborn and liners for the military helmets. They are also busy transporting elderly for shopping or to doctor appointments and donating blood.

<u>UPLAND HOST</u> - reports that they had a very successful 61th Annual Fish Bake. There were many Lions from around the District who found the time to come out and join others to either a Salmon or Steak dinner, with plenty of fresh corn-onthe-cob.

Mike Shaw, Foothill Region Zone B Chair

ONTARIO HOST – reported that several members of their club and 20 members from their branch club donated 88 hours at the CLFIS screening and helped serve 291 people. They are now recruiting volunteers for the Health & Wellness Fair on Saturday. September 19. 2015. **POMONA HOST** - is reporting on another busy month. They installed its first Little Free Library in the Grove Center Laundromat. Their plans are to install Little Free Libraries in ten of the local Laundromats so children (and adults) can read while doing laundry. Pomona is a low-income city with many children who have no access to reading material outside of school. Because of this, Pomona Host os investing heavily in the schools and the children through RAP book distributions. Teacher Mini-Grants, Little Libraries, Flag Day Readings, free eyeglasses, etc. This club sets up two tables at the entrance to the Concert in the Park. One table adversities the club's Little Free Libraries, and the collects eyeglasses and non-perishable food for Hope Partners food pantry. At the Little Free Library, Lions give away

WESTERN UNIVERSITY - is busy preparing to volunteer at the Sight and Hearing Van at the Health and Wellness Fair.

Sergio Gonzalez, Foothill Region Zone C Chair

free gently used books.

DIAMOND BAR BREAKFAST - reported that 3 lions attened La Habra Host Corn Fest and 8 lions attended the Upland Host Fish Bake.

<u>WALNUT DIAMOND BAR</u> - reported that the club was pleased to honor Christine Nagashime with a Melvin Jones Fellowship award and Becky Eskridge with the Lion of the Year. Congratulations, Christine & Becky.



ome out and join us 09/19/2015 9am to 2pm @ Lifeway Church 7477 Vineyard Ave, Rancho Cucamonga, CA 91730 www.lifewaychurch.org - for more information, call: 909-948-5557



Saddleback Region Chairman

Tom Hollister

Debbie Karlson – Saddleback Region Zone A Chair

Zone A representatives from Harbor Mesa and Huntington Beach Lions met on August 25 to discuss projects in the zone. Lion Steve Christy spoke on membership and emphasized the importance of having a membership committee in each club. Club Profile Surveys will be given to each for membership input.

<u>COSTA MESA ORANGE COAST LIONS</u> visited JPL Lab and Centennial Farms. They will have their annual Fall Dinner in early September.

COSTA MESA NEWPORT HARBOR, featured prominently in Lions Magazine for their 69th annual Fish Fry. They are now working on"Lights for Bikes".

Harbor Mesa Lions are busy getting ready to deliver School Boxes filled with school supplies for 200 first graders. They are now planning the Annual Casino Night on Oct 16 where they hope to see you. Harbor Mesa Lions will assume bartending duties at The Governor's Fund Raiser on September 26.

HUNTINGTON BEACH LIONS have been busy with five pancake breakfasts this summer. HB Lions handed out several thousand dollars they raised selling fireworks. H B Lion Dick Sklar is getting everything set up for their Annual OktoberFest on Sep.17 at Old World. On Oct. 3, they will hold their second annual Membership and Technology inservice at the Junior Lifeguard Station in Huntington Beach.

All the Zone A Clubs are anxiously awaiting the Saddleback Region Meeting on Sep. 22 at Costa Mesa Golf Course. See you there.

Cathy Waters, Saddleback Region Zone B Chair

Zone B Clubs met for their first zone meeting on Aug. 27. Morgan Huang represented the Chinese American Club; Tustin Lions sent Lions Diane Quinlan, Linn Morgan, Sharon Riley, and Brenda Donahue. Lions Steve Christy and Bebbie Karlson carpooled and Lions Steve spoke as the District Global Leadership Team Coordinator. Region Chair Tom Hollister also attended.

<u>CHINESE AMERICAN LIONS</u> enjoyed a visit from Governor Ken Myers and his Cabinet on August 18. Club members plan to visit Teresita Pines and the HB Oktober Fest and are planning all the details for the Holiday Parade in December.

<u>**TUSTIN LIONS**</u> joined with Tustin's Family and Youth Center in hosting a free vision screening for low income children. They are planning to help children get needed glasses. They held a successful fund raiser netting \$1000 with a club bingo party. Their support of the Youth Exchange had them escorting students to concerts in the park, trips to Disneyland, Soak City, Staples Center, UCLA and camp. The Club was recognized by the City and presented with a nice check for their help in a city fundraiser. Five Tustin Lions joined the Orange Coast Breakfast Lions on a trip to tour the Jet Propulsion Laboratory in Pasadena.

Zone B Clubs are excited about the upcoming Region Meeting on September 22 at Costa Mesa Golf Course.

Milan Steijn, Saddleback Region Zone C Chair

MISSION VIEJO LIONS are proud to add a new member this month. They helped out in a 4L-2 vision screening.

Not to be outdone, <u>LAGUNA NIGUEL LIONS</u> had Governor Ken induct (3) three new members at the Governor's Visitation

Aloha from the **NEWPORT BEACH HAWAIIAN LIONS CLUB.** Members, Fellow Lions & Friends enjoyed our Clubs 2nd Annual Fundraiser a "Day At The Races" at The Del Mar Race Track on August 29th ! Everyone enjoyed the ride down as we started the day off with Hawaiian Style Mimosas, lunch provided by Lion Robin (Le Biarritz Catering) and a few games of Aloha Bingo and a 50/50 ! The ladies had some fun wearing very interesting and stylish hats to add to the fun! Congratulations to all the winners!!! Proceeds to benefit the Wounded Warrior Foundation.

Labor Day Weekend we held a Very Fun & Successful Fundraiser at the O.C. Market Place, selling Bob's Old Fashioned Ice Cream! All proceeds from this event will benefit the City of Hope Cancer Research Foundation.

A Nice Surprise and Mahalo to District Governor Ken Myers and Cabinet Members, for coming out and supporting our Club's Fundraiser with the Aloha Spirit! Nothing like a Bob's Old Fashioned Ice Cream on a Hot Day!

We will be sending out a flier shortly with information of our upcoming Annual Boat Parade Party Fundraiser held at the Newport Beach Yacht Club! Please mark your calendars now for December 16, 2015. Last year was a Sell Out as everyone enjoyed an evening of Beautiful Decorated Boats, Holiday Buffet Dinner, Live Music, Dancing & a 50/50 Drawing. You won't want to miss out! Mahalo Nui Loa for your continued support.



Zone C Clubs are raring to go to the September 22 Saddleback Region Meeting.









LEADERSHIP CHAIRMAN IPDG SHEILA CASTEEL

In recognition of the season – Back to School – I just participated in one of the LCI Webinars. I think you should, too. In fact, I cannot encourage you enough to take advantage of these classes. They are really quite informative, easy to access, and well worth the one hour it takes to complete.

LCI has four webinars in the near future.

Harmony Among Generations

Understanding generational differences can assist with both member recruitment and retention. This training explores diverse motivations among Lions and how each constituency can find and value varying perspectives. Friday, August 14, 2015, 5:00 pm Pacific Time

Goal Setting and Action Planning

Optimize club success by strategic goal planning and execution! This online training offers tools for defining SMART goals, developing an action plan, and managing goals for the best results.

Wednesday, September 2, 2015, 10:00 am Pacific Time Friday, September 11, 2015, 5:00 pm Pacific Time

Meeting Management

Effective and efficient club meetings are an indispensable way to sustain member satisfaction. This webinar provides the basics of good meeting management including planning, agenda preparation, essential facilitation skills, and post-meeting evaluation.

Wednesday, October 7, 2015, 10:00 am Pacific Time Friday, October 16, 2015, 5:00 pm Pacific Time

Conflict Resolution

Webinar disarms the idea of conflict by revealing the benefits of conflict, the five typical ways conflict is managed, the pros and cons of various approaches and conflict management "best practices."

Wednesday, November 4, 2015, 10:00 am Pacific Time Friday, November 6, 2015, 5:00 pm Pacific Time

As always, I am at your service. Please feel free to contact me for any needs you may have at 909-274-8838 or jandscasteel@hotmail.com.

Education is the mother of leadership. ~ Wendell Willkie

LIONS CLUB INTERNATIONAL CENTENNIAL Service Challenge By Lion David Stilwell, Centennial District Coordinator



The 100 Year Lions Club Celebration started from July 2014 and goes through June 2018. All Lions Clubs from around the world are asked to help celebrate the centennial by doing what we do best, '<u>WE SERVE'</u>.

Each Lions Club is to help celebrate the 100 Year Centennial by doing at least one service project a year, during the celebration period, in each of the following Centennial Service Challenge Campaigns:

- Engaging the Youth
- Sharing the Vision
- Reliving the Hunger
- Protecting Our Environment

A lot of the District 4-L4 Lions Clubs already do a lot of the Centennial Service Challenge Campaigns categories already. It must be identified through the monthly Service Activity Report. If any service activity is related to the above four Centennial Service Challenge Campaign, push the 100 Centennial button, on the monthly activity report. The service report <u>must</u> contain 'Number of People served' or Lions Club International will excluded the service report and will not consider the report as a Service Activity for the 100 Centennial Service Challenge Campaign.

If your Lions Club does not report any service or hit the 100 Centennial Service when filling the Monthly Service Reports, the activity is not known by Lions Club International Headquarters. Lions Club International wants to show the <u>world</u> what the total combined Centennial projects accomplished all the Lions Clubs, during the 100 Year celebration period.

Each month an article will appear about the Centennial Service Challenge Campaign. More information is available on LCI Web Site, click on 100.

If anyone has questions, please contact me Lion David Stilwell at Home 909-393-2435, Cell 909-993-2802 or Email <u>mrdave51@aol.com</u>. I am available to talk at any Club Meeting, Board Meeting, Zone Meetings or one-on-one individual meeting as needed. A Club meeting presentation will be only 10 minutes long. Number of question and answers will extend that time as necessary.

Good luck on your Centennial Service Challenge Service projects, your club may already doing it, just record it as a 100 Centennial Service activity, with the 'number of people served' question answered.

GUIDING LION TRAINING

for

DISTRICT 4-L2 AND 4-L4 LIONS

Led by PDG Norm MacKenzie

October 31, 2015

12:30p.m. - 3:00p.m.

Presbyterian Intercommunity Hospital of Whittier

12401 Washington Blvd. Whittier Auditorium - lower level

REFRESHMENTS PROVIDED BY DISTRICT 4-L2

RSVP to GLT Gary Hall by October 20, 2015 printer70@verizon.net or C-626-327-0564

Save the Date! 12-31-15

The Chinese American Lions Club

Cordially Invites YOU to the

New Year's Eve Gala

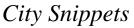


Celebrating the 25th Anniversary of the Asian American Senior Citizen Service Center

Dinner, Entertainment, Dancing & Celebration. Irvine Marriot Hotel

Details to Follow in October!

SIGHT AND HEARING FOUNDATION



Here is a reprinting of an article that ran in the August issue of eHope, City of Hope's online magazine. Lorna Badame COH District Chair



It is my privileged to once again participate and work with a great group of Lions for the Sight and Hearing Van and District 4L4 Sight And Hearing Foundation. We like to say we work **with** the Lions in Sight Project and the Sight and Hearing Foundation of California, not in competition. Both great projects and we all do slightly different things for sight and vision.

We are working to make our van more accessible and in the process of fixing a few things on it at this point. We do have some reservations on the books, and I assure you this repair work will not interfere with any of those reservations.

Every club in our District is a member of the Foundation and we urge you all to take advantage of this wonderful unit and the many fine piece of equipment in it. Use it for a parade for PR, or health fairs, big or small. It is a wonderful advertisement for Lions and District 4L4. Show it off. Use it.

We want you to know that the Van Manual is on the district web site and accessible to everyone. You can print it off. There is valuable information in the manual with the process for reserving the van. There are rules to checking the van in and out and we will begin a rigorous plan to make sure these rules are adhered to. All of this is in the manual.

There is a wonderful CD that was developed by the board a few years ago that gives you all the information and demonstration for the use of the van. This CD was distributed to all club presidents at the time. We are in the process of getting a DVD player to have in the van (to replace the current VHS player!) for use with the CD and will have one in the van at all times for your use.

I would be remiss if I didn't mention that we are always in need of donations, we are willing to come to speak to your club, and we have Banner Patches for a donation of \$100 and Life Membership Plaques for a donation of \$500.

Lion Joan Parks President District 4L4 Sight and Hearing Foundation



Type 1 Diabetes Patient is Insulin-Free for First Time in 24 Years August 21, 2015 by Jeanne Kelley

Type 1 diabetes patient Gina Marchini, shown here near her home in Palmer, Alaska, underwent an islet cell transplant at City of Hope in July. Two weeks later, she was hiking – without insulin.

Diagnosed with type 1 diabetes when she was 9 years old, Gina Marchini accepted the fact that she would need insulin the rest of her life. Every day, she injected herself with the lifesaving hormone. She also carefully controlled her diet and monitored the rise and fall of her blood glucose with military precision. That was before her islet cell transplant.

"I thought diabetes was a life sentence. Now, I'm insulin-free," said the 33year-old kindergarten teacher from Palmer, Alaska. Even now she finds it hard to believe. Only hours after the surgery that provided her with insulinproducing islet cells of her own, Marchini's doctors told her that her glucose levels were at normal levels. Within a few days, she was able to forgo insulin altogether. "I thought there was no way around it without my insulin shots, but now, after checking my blood sugar levels every two hours for days on end with results in the non-diabetic range, I'm starting to believe I'm free," Marchini said.

The results of the recently opened trial have yet to be written or even completed. But, as one of the approximately 1.25 million Americans diagnosed with type 1 diabetes, Marchini highlights the improvements and goals in diabetes research – as well as the still almost inconceivable promise of a life free of needles and restrictions.

A pioneer in islet cell transplantation, City of Hope is using its current clinical trial to refine its transplantation protocol, which depletes diseasecausing immune cells while sparing helpful immune cells. "The immunesuppression strategy used in this trial is considered a significant improvement over the protocol used in previous islet cell transplant trials, because under this new protocol, which includes an ATG induction (antithymoglobbulin), the immune system will not harm the transplant," said Fouad Kandeel, M.D., Ph.D., chair of the Department of Clinical Diabetes, Endocrinology & Metabolism at City of Hope, who is leading the islet cell transplantation trial.

In previous studies of this strategy, 60 percent of patients were able to produce sufficient insulin on their own five years after transplant. Researchers believe that even those patients who still require supplemental insulin through injections will nonetheless likely have improved blood glucose control from partial islet function, Kandeel said. Marchini doesn't know how long her newfound glucose control will last, but she said that, before having the transplant, she would have been thrilled if her glucose had stayed within the nondiabetic range for several hours. She encourages other patients to not give up hope.

"I want all diabetics to know that their disease – and the struggles it brings – is not forgotten, and exciting research toward a cure is being done right now. It feels like diabetes is a disease that is very misunderstood and often overlooked, but curing this awful disease is a priority at City of Hope." She added: "I truly believe that one day we will all be able to say that we used to have diabetes."

Around the District with Governor Ken



Diamond Bar Breakfast Lions



Garden Grove Host Lions



Pomona Host Lions



Costa Mesa Newport Harbor Lions



Chino Valley Lions



Cucamonga District Host Lions



Harbor Mesa Lions



Seal Beach Lions



Chinese American Lions



Korean American Lions



Fullerton Lions



Orange Lions

DISTRICT 4-L4 CALENDAR

Count 12	Liene Comm at Tanaita Dinas Onen Hauss
Sept 12	Lions Camp at Teresita Pines Open House
Sept 15-17	USA Canada Forum Omaha Nebraska
Sept 17	Huntington Beach Host Oktoberfest
Sept 19	Cucamonga District Host Fashion Show
Sept 19	Anaheim Lions Putt Putt Challenge
Sept 19	Foothill Region Sponsored Wellness Fair
Sept 22	Saddelback Region Meeting
Sept 26	Leo Leadership
Sept 26	Governor's Fundraiser
Sept 28	Orange Region Meeting
Sept 29	Foothill Region Meeting
Oct 3	Asian American Citizen's Service Center Open House
Oct 10	Mission Viejo Oktober Fest
Oct 14	White Cane Days
Oct 16	Harbor Mesa Casino Night
Oct 30	Ronald McDonald House Trunk or Treat
Oct 31	Pomona Host Boo-A-Thon
Oct 31	Guiding Lion Training
Nov 6-8	Council of Governors Meeting Burlingame
Nov 6-7-8	Huntington Beach Host Laughlin Trip
Nov 9	Ontario Upland Outback Steakhouse Fundraiser
Nov 16	Lions Float Inc Golf Tourname
Nov 21	District Meeting
Dec 31	Chinese American Lions New Year's Party
<u>2016</u>	
Jan 16-18	MD-4 Leadership Institute Ontario
Jan 23	District Meeting
Feb 3-4	Council of Governors Meeting Modesto
Feb 5-7	MD-4 Convention Modesto
Feb 19-21	Flag Days
Feb 22	Club Student Speakers Contest deadline
Feb 27	Harbor Mesa Murder Mystery Dinner
March 14	Zone Student Speakers Contest deadline
March 22	Saddleback Region Meeting Student Speakers Contest
March 28	Orange Region Meeting Student Speakers Contest
March 29	Foothill Region Meeting S dent Speakers Contest
April 3	Lions City of Hope Day
April 4	Region Student Speakers (Intest deadline
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